Purbrook Park School

Enjoy Enrich Excel

Headteacher: Paul Foxley MA

Ref: SWI/bgu/015
September 2026

Dear Parents,

RE: PE Kit and Protective Equipment

I am delighted to welcome your child back to Purbrook Park following the summer break. Physical Education is important to help pupils learn to be active for a lifetime. Your child will have formal PE lessons a minimum of 4 lessons a fortnight, but may have selected further physical activities as part of the enrichment programme. An integral part of Physical Education is safety and it is important that your child is prepared for PE with the appropriate clothing, shoes and protective equipment.

PE Kit

Our uniform policy (please refer to the school website) states that pupils must have the following PE equipment:

- Navy T shirt with Purbrook Park School Logo from Serious Sport
- Plain navy or Black shorts (Can be purchased from Serious Sport) or Plain navy or black sports leggings (Can be purchased from Serious Sport)
- Navy woven football socks and white ankle/trainer socks
- A suitable pair of trainers -canvas type plimsolls are not an acceptable substitute
- Football boots with studs - no metal tipped studs or blades
- Shinpads

In addition, pupils have the option to wear

· Plain navy or black tracksuit bottoms — (no other accepted including ¾ length).
Tracksuit bottoms to be worn at the discretion of the PE teacher.
· Half zip jackets (Can be purchased from Serious Sport)
· Gum shields for contact sports (advisable)
. Plain navy or black round neck sweatshirt or navy & white rugby shirt

Unequipped for lessons

Our fundamental aim is for your child is to enjoy every PE lesson safely. If your child forgets their PE kit they will be expected to wear spare kit provided by the PE Department. We understand that in certain cases, equipment may be forgotten or misplaced. If this does occur, we ask parents to email the class teacher to inform us of any issues. If no email is received, pupils will be given a break time detention. If lack of PE kit becomes a regular issue then further sanctions will be given by the class teacher. Refusal to wear our spare kit will result in a 1 hour detention.

Unable to take part/injuries

If your child is unable to take part in PE for any reason, an explanatory email must be written to the class teacher. We still expect all pupils to change into PE kit to help officiate, coach and assist during lessons. These roles are still an integral part of PE and further improve pupils' knowledge of the sport being taught.

Protective equipment

Throughout the year we will be teaching different activities that require protective equipment. Following the National Governing Body Guidelines and Hampshire Safety in PE, both football and hockey require pupils to wear shin pads to prevent injury. To help protect your child, this is the expectation for all PE and enrichment lessons. Pupils will not be able to fully benefit from activities if shin pads are not worn.

Football boots are required to ensure the safe participation of sport on our school field. All pupils through Years 7 to 9 will be learning on the field at different points throughout the year. We will also be teaching rugby throughout the year ahead and highly recommend the use of a gum shield when contact activities are being taught. Contact in rugby will be slowly introduced once the fundamentals of the game have been taught during tag rugby and small practices.

Recommended Purchases

Detailed below are some cost-effective recommendations for football boots and shinpads:

Football boots (child sizes 3 to 6.5)

https://www.sportsdirect.com/sondico-strike-soft-ground-football-boots-junior-070000#colcode=07000040

Football boots (adult sizes 6 to 13)

https://www.sportsdirect.com/sondico-blaze-ll-fg-sn54-208056#colcode=20805618

Shinpads

https://www.sportsdirect.com/adidas-tiro-club-shin-guards-818105#colcode=81810518

Should you have any queries, please do not hesitate to contact your child's PE teacher. Thank you for your support.

Yours sincerely,

Sam Wilson

Sam Wilson
Lead Teacher of PE