



Purbrook Park School Purbrook Park Newsletter



Week commencing Monday 5th January 2026
WEEK A

1. Notes from the Headteacher
2. Calendar
3. Messages
4. Department Leader Boards & Pupils of the Week
5. Termly House Attendance & Praise Point Leader Boards
6. Support to help young people with their Mental Wellbeing



Christmas Hamper Appeal 2025

1. Notes from the Headteacher

Thank you so much for your very generous donations to our Christmas Hamper Appeal – please see below for more information.

We would like to wish you all a very Merry Christmas and a Happy New Year, from everyone at Purbrook Park!

With best wishes,

Paul Foxley



2. Calendar

Date	Event
Monday 05.01.26	INSET day – school closed for staff training
Tuesday 06.01.26	All pupils return to school at 8.30am Lead Teacher Meeting – 3.10pm – 4.10pm
Wednesday 07.01.26	Year 11 CNAT Sport Exam - AM
Thursday 08.01.26	School day
Friday 09.01.26	School day

3. Messages

<p>Science – Celebrating Success</p>	<p><u>Sparx</u></p> <p>The top 3 Science Sparx users in each year group for the week beginning 8th December 2025 were as follows:</p> <p>:</p> <table border="1" style="width: 100%; text-align: center;"> <thead> <tr> <th>Year Group</th> <th>1st Position</th> <th>2nd Position</th> <th>3rd Position</th> </tr> </thead> <tbody> <tr> <td>7</td> <td>Darcey (SGR)</td> <td>Finley (FMI)</td> <td>Ellie (LBR)</td> </tr> <tr> <td>8</td> <td>George (SSR)</td> <td>Oliver (JHE)</td> <td>Esme (NBO)</td> </tr> <tr> <td>9</td> <td>Oliver (AKO)</td> <td>Lily (NSD)</td> <td>Charlie (NSD)</td> </tr> <tr> <td>10</td> <td>Layla (BSO)</td> <td>Gracie (JHD)</td> <td>Harrison (GEV)</td> </tr> <tr> <td>11</td> <td>Habibah (TEV)</td> <td>Blake (LMI)</td> <td>Charlotte (LGU)</td> </tr> </tbody> </table> <p>Each of the above have been awarded 25 Praise Points.</p> <p><u>Scientists of the Week</u></p> <p>The following pupils have been nominated as “Scientist of the Week” by Mr Kent for their continued hard work and sustained effort within lessons and have been awarded 50 Praise Points:</p> <p>Scarlett (8SSR) and Layton (8JFR)</p> <p>Mr Evans – Lead Teacher of Science</p>	Year Group	1 st Position	2 nd Position	3 rd Position	7	Darcey (SGR)	Finley (FMI)	Ellie (LBR)	8	George (SSR)	Oliver (JHE)	Esme (NBO)	9	Oliver (AKO)	Lily (NSD)	Charlie (NSD)	10	Layla (BSO)	Gracie (JHD)	Harrison (GEV)	11	Habibah (TEV)	Blake (LMI)	Charlotte (LGU)
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Careers Update

British Army Insights – A Guide for Parents & Carers

Date: Tuesday 20 January

Time: 6-7pm

Venue: online

This online session is designed to give parents clarity and confidence about the opportunities the British Army offers young people.

Why it matters:

Recent research with over 600 parents and guardians revealed:

- Only 27% feel fully confident supporting their child through the application process.
- Nearly half (49%) want to attend an online session and receive resources about Army apprenticeships.

What parents will gain:

- A real look at life in today's Army, including roles, training, and qualifications.
- Inspiring stories from those with lived experience, plus practical advice and Q&A time.
- Insights into how the Army helps young people build confidence, resilience, and valuable life skills — all while earning and learning.

Bonus: Attendees receive a FREE downloadable resource to help support their child's career choices.

Follow this link to register: <https://britisharmy/GTQfiD>



The poster features the Unifrog logo at the top in green. Below it, the text 'APPRENTICESHIP FAIR' is written in large blue letters. Underneath, the date and time 'Wednesday 11 February 4pm - 6pm' are displayed. The central image shows a blue cartoon frog wearing a white lab coat and a name tag that says 'HELLO my name is mrs akhtar apprentice'. The frog is positioned in front of a computer monitor. To the right of the frog are several social media icons: a blue speech bubble, a pink heart, a blue thumbs-up, and a blue speech bubble with a white plus sign. Below the frog, the text 'Join our virtual fair to learn all about the world of apprenticeships.' is written in blue. At the bottom left, there is a QR code with the text 'scan here to sign up' next to it. To the right of the QR code, the text reads: 'Get your questions answered by the experts. Join live sessions with employers from across the UK and speak directly to their representatives to achieve your dream apprenticeship!'.

Mrs Akhtar – Careers Advisor

Christmas Hamper Appeal



A huge thank you to all of our pupils, their families and staff who supported our Christmas Hamper appeal once again this year, supporting HomeStart Havant and Motiv8.

These hampers are really special, with each tutor group being assigned a family to create a hamper for. We saw a range of delicious Christmas treats, everyday essentials, special Christmas toys and gifts as well as handmade Christmas cards from the tutor groups. The generosity of everyone was once again astounding and the charities were so amazed by each of the hampers.

The hampers have all been delivered to the families and were met with tears of joy when they were handed over. Once again a massive thank you to everyone who donated

Message from Motiv8 Charity

'I just wanted to send a huge thank you to all involved in the hampers. We managed to deliver all of them yesterday and all of the families were amazed and wanted us to pass this on'.

- *'Oh my, I would never of imagined all of this, it is going to be such a massive help'.*
- *'Amazing , I truly cannot believe this'.*
- *'I just can't believe it, thank you, thank you, thank you'.*
- *'Wow, just wow'.*

'Along with thank yous and huge smiles from every door we knocked on. I hope your young people realise what a massive difference they have made to the 25 families they donated to'.

Miss Smith – Lead Practitioner PDL

**Inter House
Cross Country**

**PURBROOK PARK PE DEPARTMENT
PRESENT**

**INTER HOUSE
CROSS COUNTRY**

TUESDAY 20TH JANUARY 2026
FIELD 3:30PM - 4:30PM

YEARS 7 & 8

**REPRESENT YOUR HOUSE IN THE INTER HOUSE CROSS COUNTRY
COMPETITION**

WINNING HOUSE = 1000 EPRAISE

**NEWTON EINSTEIN
GALILEO DARWIN**



PE Team

**Food Practical
Reminders**

FOOD PRACTICAL LESSONS

7Z Yorkshire puddings 7.1.26

9C Pastry workshop 8.1.26

7Y Meal in a jar 9.1.26

9D Quiche 7.1.26 & 9.1.26

YORKSHIRE PUDDINGS



METHOD

1. Heat oven to 230C/fan 210C/gas 8.
2. Drizzle a little sunflower oil evenly into two 4-hole Yorkshire pudding tins or two 12-hole non-stick muffin tins and place in the oven to heat through.
3. To make the batter, tip 140g plain flour into a bowl and beat in 4 eggs until smooth.
4. Gradually add 200ml milk and carry on beating until the mix is completely lump-free. Season with salt and pepper.
5. Pour the batter into a jug, then remove the hot tins from the oven. Carefully and evenly pour the batter into the holes.
6. Place the tins back in the oven and leave undisturbed for 20-25 mins until the puddings have puffed up and browned.

Ingredients

70g plain flour
2 eggs
100ml milk
sunflower oil, for cooking

PASTRY WORKSHOP

YOU WILL BE WORKING IN GROUPS FOR THIS PASTRY WORKSHOP. PLEASE BRING IN £1.00 EACH AND WE WILL PROVIDE ALL THE INGREDIENTS THAT YOU WILL NEED

9C



SHORTCRUST APPLE PIES



PUFF-PAIN AU CHOCOLATE



FILO-SAMOSAS & SPRING ROLLS

MEAL IN A JAR

PLEASE BRING IN A GLASS JAR



METHOD

1. Prepare self and work area for practical
2. Cook off any meats or alternative in a frying pan ensuring they are fully cooked
3. Using a knife carefully and start to prepare your salad options by chopping and slicing them up
4. Once all your options are ready assemble all on a chopping board
5. Wash your jar up making sure it is clean
6. Start to layer your salad options, your meat and your sauce try and alternate colours!

Ingredients

1X Sauce of your choice
4X different salad options
1X meat or alternative (cooked)

We will cook and prepare everything in class.

PLEASE BRING IN YOUR OWN QUICHE DISH

QUICHE (Short crust pastry)

9D

MAKE PASTRY 7.1.26
MAKE FILLING AND COOK QUICHE 9.1.26

INGREDIENTS

FOR THE PASTRY
175g plain flour
Pinch of salt
80g margarine
50g lard
4 tsp cold water
FOR THE FILLING
3 eggs
125ml milk
50g cheese
Salt and pepper
Extra fillings of your choice



METHOD

1. Weigh out the flour and salt in to a bowl.
2. Break up the margarine and lard in to small pieces and add to the flour.
3. Rub the fat in to the flour to mix together, but do not over rub the mixture.
4. Add enough water to make a firm, smooth dough. Knead very lightly until smooth.
5. Roll and cut in to a circle, slightly bigger than the dish and place it in.
6. Blind bake for 10 minutes On gas mark 6/200c
7. Mix all the filling in to a measuring jug and pour mixture in to the dish.
8. Bake in the oven for 25-30 minutes on gas mark 6/200c until golden brown.

**House
Competition**

Well done to all of entries for the 'Togetherness' Inter-tutor House competition. Here are the three overall pieces of work that represent the theme wonderfully:

"Families who reunite are special in a way- it can be a wholesome moment. Together can be a special place for some, but a precious place in everyone's hearts. People have their person that they care deeply about, and have a place which no one can replace. Your special person could be anyone, your parents, family, kids or even your friends. Togetherness means a lot - traditions, Christmases, birthdays, or even simple days when you stay home. You can always meet up with someone and if you trust them so much, you feel as if you can share anything- like a never ending conversation. No matter how sad, angry, sick, depressed or down you are - your special person will always be there and listen to you, no matter if you argue or fight...." Isla, 8JFR

*"Puzzles are made of hundreds of pieces,
each unique and each important for the bigger
picture.
Some pieces go well, and some do not,
but no matter what, each one is linked,
once the puzzle is done.
To make the picture, sometimes, you may lose
a piece, and the puzzle won't look right,
because every part is needed.
We're like puzzle pieces,
so, let's come together
and make something beautiful as one"*

Charlotte, 9AWA

*"In realms where echoes softly play,
Togetherness lights up the way,
A symphony of souls in flight,
Weaving dreams in darkest night.*

*With every step, a bond so true,
Adventures shared, old and new,
Through trials faced, or victories won,
Togetherness, like the morning sun.*

*So let us cherish every tie,
Beneath the vast and endless sky,
For in this union, we find our worth,
Togetherness, the heart of Earth."*

11DMA

Miss Smith – Lead Practitioner PDL

**Performing Arts
Update**

Music Tuition Start Dates

Piano – second week back after Christmas - Monday 12th /13th January

Woodwind – second week back after Christmas - Monday 12th January

Guitar Mr Brown - Wednesdays – first week back after Christmas -
Wednesday 7th January

Guitar Mr Browning - Thursdays – second week back after Christmas -
Thursday 15th January

Drums Tuesday and Wednesdays – to be confirmed

Singing - first week back after Christmas - Friday 9th January

Drama

Shakespeare Club – first week back Tuesdays and Wednesdays after
school 3.00pm to 4.00pm. Please be 'off script'.

LAMDA club will start back in March.

Dance

Dance Live roles have been put up on dance notice board, please check
your part. Rehearsals start first week back:

TUESDAY: All main cast, all rich, and underground (A)

WEDNESDAY: All rich, all main cast (not Jayden)

THURSDAY: All underground

FRIDAY: Lumin

Mrs Brook – Performing Arts Technician

Week commencing 15th December 2025

Historians of the Week!



Congratulations to...



Year 7 – Theo. S

7WBO



Year 8 – Hagen. C

8NBO



Year 9 – Annabelle. S

9AWA



Year 10 – Sophie. M

10JHD



Year 11 – Angela. VF

11LGU

Purbrook Park School
Performing Arts
certify to all that

Purbrook Park Choir

has received the award for

Pupil of the Weeks!

For all their effort and dedication towards rehearsals and performances at retirement homes

Sparx Legends of the Week

Year 7 – Scarlett (7FTU)

Year 8 – Oscar (8JFR)

Year 9 – Poppy (9AWA)

Year 10 – Billy (10JHD)

Year 11 – Charlie (11KSH)

**50 Praise Points for
each Winner!**

Religious Studies Stars of the Week



- ★ **Year 7: Evie (7SGR)**
- ★ **Year 8: Devon (8NBO)**
- ★ **Year 9: Tommy (9RHA)**
- ★ **Year 10: Bethany (10TGO)**
- ★ **Year 11: Eden (11SWI)**

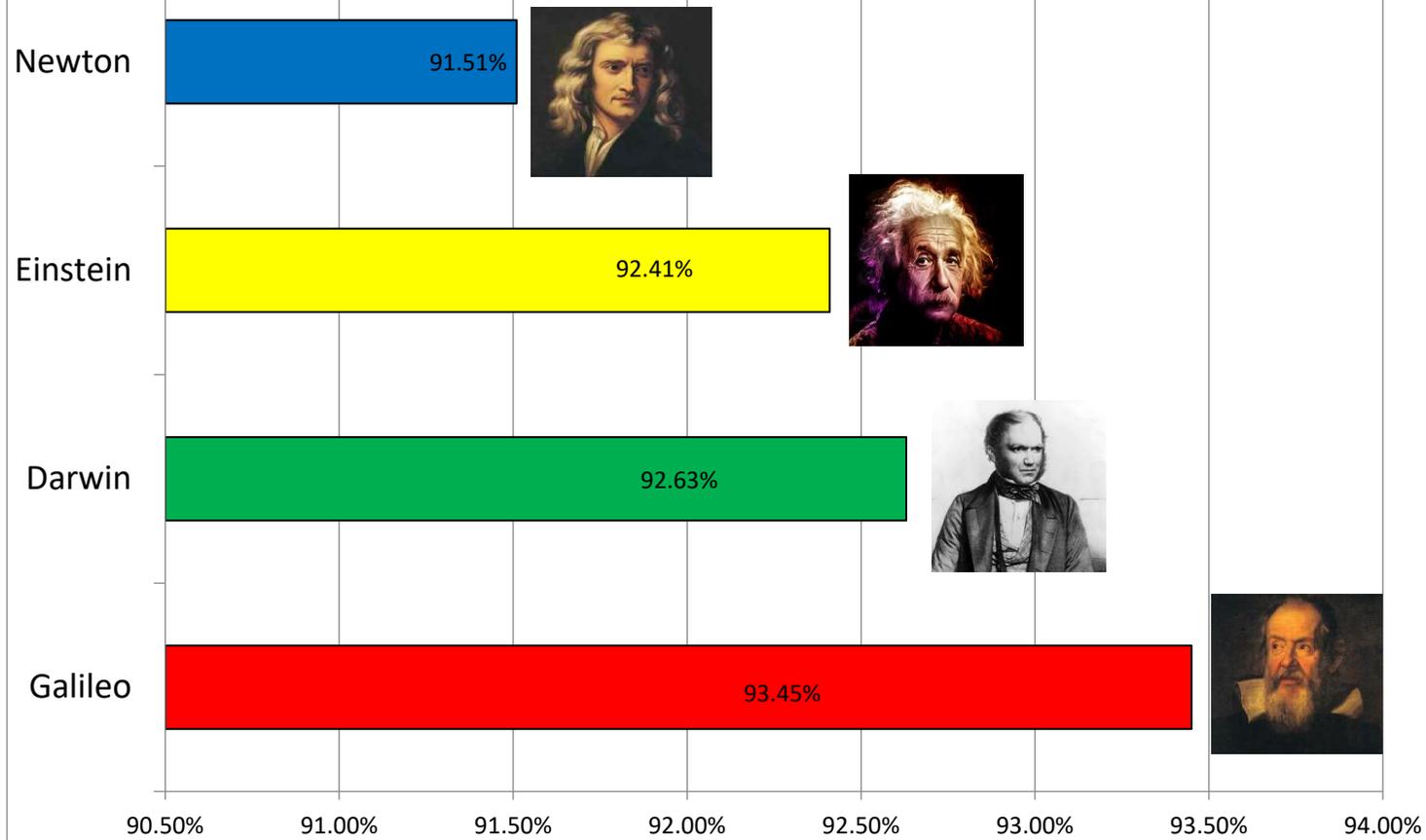
These pupils have shown fantastic effort, attitude and work in the last week's RS lessons.

50 Praise points have been awarded to each of them.





House Attendance - Autumn Term 2025

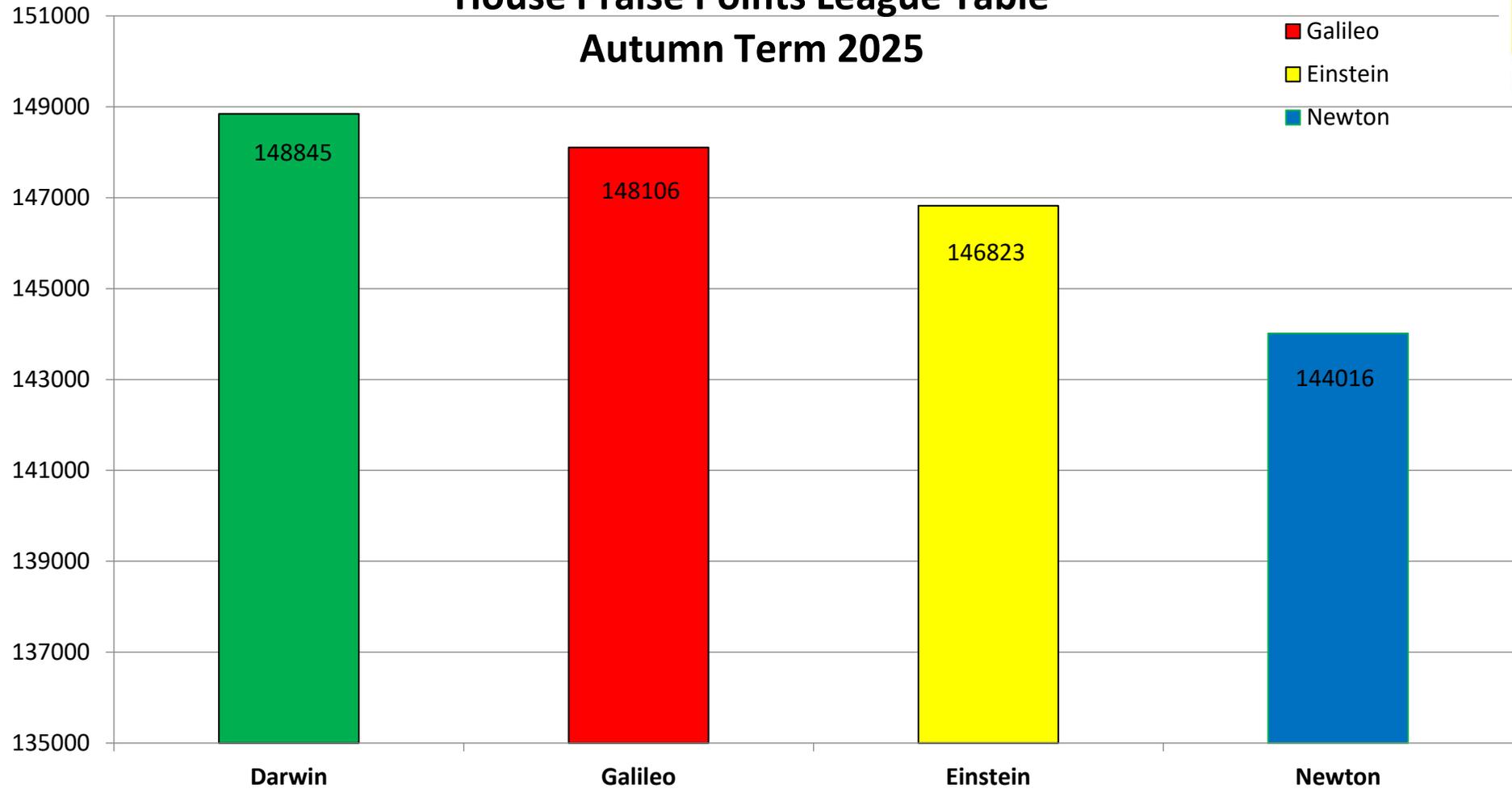


- Galileo
- Darwin
- Einstein
- Newton

House Praise Points League Table

Autumn Term 2025

- Darwin
- Galileo
- Einstein
- Newton



E- Praise Leaders- Autumn Term



**Discipline leads to habits.
Habits lead to consistency.
Consistency leads to growth.**



Year 7	Year 8	Year 9	Year 10	Year 11
Grace B HDO	Felix F CSI	Maddie M NSD	Noah L GEV	Lexie K LMI
Erin A FMI	Daisy W SSR	Kellie W JMS	Lewis TJ BSO	Seren D LGU
Freya A LWA	Scarlett B SSR	Jamie H ATO	Tommy B BSO	Ellen G TEV

These figures show that the hardest working people in the school are having a really positive impact on our community. Thank you for all your wonderful efforts!



Support to help Young People with their Mental Wellbeing (including Bereavement)



Guidance, tools, and tips

[Crisis, Self-Harm and Suicide – CAMHS](#)

[Parent and Carer support – CAMHS](#)

[Self-harm support hub](#)

[Autistica – Tips Hub app](#)

[Mental Wellbeing Hampshire](#)

Kooth: [kooth.com](https://www.kooth.com)

[Mind's Info for young people](#)

[ZSA suicide awareness training courses](#)

Support services

[NHS 111 Mental Health triage](#)

[SHOUT](#) text HANTS to 85258

[Help in a crisis:: Hampshire and Isle of Wight NHS Foundation Trust](#)

NE Hants: [Get help in a mental health crisis : Surrey and Borders Partnership NHS Foundation Trust](#)

Papyrus: [Papyrus UK Suicide Prevention | Prevention of Young Suicide](#)

[Therapeutic support services](#)

[Cruse Support After Suicide Service](#)

Project Iris: [Project Iris: Growing Hope | Inclusion Education](#)

ChatHealth: [ChatHealth : Hampshire Healthy Families](#)

Young Minds Parent Helpline: [Parents Helpline | Mental Health Help for Your Child | YoungMinds](#)

[Children and Young People's Safe Haven – Havant & East Hants Mind](#)

Sasha's Project: [Facebook](#)

Events (in person)

[How To Cope When Your Child Can't Event – Winchester 2026 – CAMHS](#)

Anxiety – understanding and strategies to help, Basingstoke: [Events – CAMHS](#)

Local online and in person events: [Local Support Groups and Events for Parents/Carers » Winchester](#)

