Purbrook Park School Purbrook Park Newsletter



Week commencing Monday 5th February 2024 WEEK B

- 1. Notes from the Headteacher
- 2. Calendar
- 3. Messages
- 4. National Apprenticeship Week
- 5. PTFA Bingo Night
- 6. Historians of the Week
- 7. Sparx Legends & Religious Studies Stars of the Week
- 8. PE Bulletin
- 9. Geography House Competition
- 10. Year 8 Progress Evening Rooms
- 11. Year 11 English Drop-In revision sessions
- 12. Weekly House Attendance & Praise Point Leader Boards
- 13. GCSE Pod Leader Board
- 14. E-Praise Music Equipment Poster
- 15. Self-Harm Peer Support Group for Parents
- 16. SEN Parents' Information



Year 7 Basketball Team

1. Notes from the Headteacher

We look forward to welcoming parents and pupils in Year 8 to your progress evening with class teachers on Thursday 8th February.

Good luck to everyone involved in Dance Live on Tuesday!

With best wishes,

Paul Foxley

2. Calendar

Date	Event
Monday	Staff Briefing
05.02.24	Department Meetings
Tuesday 06.02.24	Year 7 Girls' Rugby Festival – Havant Rugby Club – 9.15am – 3.30pm Year 9 Teenage Booster Vaccinations 'Dance Live!' – Portsmouth Guildhall Lead Teacher Meeting- Conference Room- 3.10pm – 4.10pm
Wednesday	School Day
07.02.24	
	\(\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \
Thursday 08.02.24	Year 8 Progress Evening – 4.00pm – 8.30pm
Friday 09.02.24	School Day
	HALF-TERM HOLIDAY
Monday 12.02.24	Year 11 Business Catch Up Session - CM2 – 10.00am – 1.00pm

3. Messages

Year 8 Progress Evening	Year 8 Progress Evening is taking place from 4.00pm to 8.30pm on Thursday 8th February 2024. Year 8 parents have received an invitation via email, with instructions on making appointments with your child's subject teachers. Instructions on booking appointments are also available to view on the school website in the 'Progress Evenings' section When making appointments we strongly advise that parents prioritise appointments in subjects which their child is performing 'below expectations'. Appointments for Computer Science and PE as well as all Art, Design & Technology and Performing Arts subjects will be available to book for selected pupils only. Information regarding the location of teachers on the evening is included in this newsletter Mrs Davies – Lead Practitioner KS3 Achievement		
Dance Live			
Rehearsal	Date	Sections required	
Schedule	Mon 5 th Feb	Whole cast 3-5pm	
	Tuesday 6 th Feb	DANCE LIVE ALL DAY	
Tickets for the performance can be purchased through the Guildhall website or the Dance Live website, if you would and support.			

Mr Strange – Teacher of Dance

Good News Story

Well done to the "All the World's A Stage" group who raised and deposited another £79.67 for Cancer Research UK through cake sales.

Mrs Morrison-Johnson - SENCo

Food Practical Reminders

STIR FRY - 7X 7.2.24

If you are bringing in your own ingredients, please use the recipe below and bring in cooked chicken only. Please remember a container to put it in.

STIR FRY



Method

- 1. Cook the noodles in boiling water. Check the packet for details
- 2. Prepare the vegetables with a clean knife on a clean chopping board:
- 3. peel and crush the garlic; de-seed and slice thechilli; peel and slice the ginger; slice the onion,

pepper and mushrooms. On a different board, finely slice the chicken breast

4. Heat the oil in a wok or frying pan.

Ingredients 100g noodles

5. Add the onion, garlic, chilli and ginger. Allow to cook for 1 minute. Add the chicken and fry for 5

1 small chicken breast (COOKED)

minutes

1 clove garlic

6. Add the remaining vegetables and soy sauce and continue to cook for a further 5 minutes.

 $\frac{1}{2}$ or 1 red chilli 1cm fresh ginger

CHECK THE CHICKEN IS COOKED BEFORE ADDING NOODLES

1/2 or 1 small onion 3 mushrooms

8. Drain the boiling hot water away from the noodles into a colander in the sink.

1/2 or 1 pepper 1 x 10ml spoon oil

9. Stir in the cooked noodles and cook for 2 minutes until hot.

1 x 10ml spoon soy sauce (reduced 10. Serve. Clear up

2X Sweet chili sauce (optional)

SPICY CHICKPEA SLIDERS

8X 5.2.24

8Z 9.2.24

Please remember to bring in a container. If you are bringing in your own ingredients. Please use the recipe below.

SPICY CHICKPEA SLIDERS



METHOD

- 1. Preheat the oven to gas mark 6 or 200C.
- 2. Drain and rinse the chickpeas.
- 3. Mash the chickpeas using a fork/masher.
- 4. Peel and finely dice the onion.

Ingredients

1 Can Chickpeas (400g)

1/4 Red Onion

1 Carrot

1/2 or 1 Red Chilli

1 tsp Oil

10g Oats

15g Butter

- Peel and grate the carrot.
- 6. Deseed and chop the chilli.
- 7. Fry the onion, carrot and chilli for 3-4 minutes, until soft.
- 8. Mix all the ingredients together.
- 9. Divide the mixture into 8 and form into 'patties' (you may need to let the mixture cool).
- 10. Place on a lined baking tray and bake for 15-20 minutes (turning over half way through).

FINAL PASTA DISH - 9C 5.2.24



You will be making your own fresh pasta dish. Please remember our pasta machines can only make lasagne sheets, spaghetti and tagliatelle and we have ravioli stamps and cutters

Please bring in to lesson:

- INGREDIENTS- TO MAKE FRESH PASTA, TO MAKE A SAUCE AND OTHER INGREDIENTS OF YOUR CHOICE TO GO WITH THIS.
- RECIPE PLAN- TO KNOW HOW YOU ARE GOING TO MAKE THIS WITH TIMINGS. (REMEMBER YOU WILL HAVE 2 HOURS TO DO THIS).
- A CONTAINER- TO TAKE YOUR PASTA HOME IN.

Think of what other skills you can use other than just making your own pasta and be creative with your colours, flavours and presentation

Miss Cumbo - Lead Teacher A, D & T

Edulink – update of details

Have your contact details or address changed recently?

Please could we ask all parents to check that the information we hold for pupils and parents/additional contacts are correct on Edulink. If you have any problems with accessing or amending details on Edulink please contact Mrs Lea our Data Manager via email klea@purbrook.hants.sch.uk

Mrs Lea – Data Manager

Hampshire Book Awards

Do you want to take part in a reading challenge? Pupils in Year 8 are invited to join a team of readers. There will be the opportunity to read six books and to vote for the winner.

The competition launches on 2nd March 2024 and will close on 2nd July 2024. During this time, you will need to read six books and take part in discussions around those books. If you are interested, please see Mrs Morrison-Johnson to add your name to the list.

Mrs Morrison-Johnson - SENCo

Science – Celebrating Success

Tassomai

For the week beginning 22ndJanuary 2024, 18,353 Science recall style questions were answered on Tassomai. The following pupils have been rewarded with 25 Praise Points for being the top three users in their year group:

Year Group	1 st Position	2 nd Position	3 rd Position
7	Maddie Moore	Kellie Walden	Ellie Lamkin
8	Scarlett Strachan	Leona Walden	Woody Read
9	Isabel Goodwin	Lexie Kerens	Ellen Gaylard
10	Joe Flaherty	Connor Gibson	Imogen Cleverley
11	Sofia Green	Thea Barfoot	Keiran Prior



The February Science Tassomai Challenge



250 Praise Points for the winning pupil in each category who has:

- Answered the most questions
- · Achieved the most Daily Goals
- · Highest Accuracy with the most questions answered.





1st February to 28th February

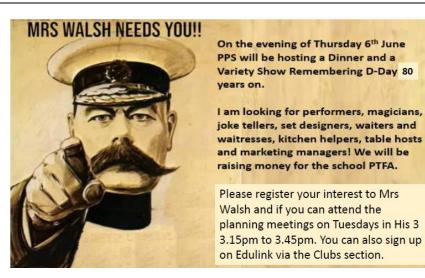
Scientists of the Week

The following pupils have been nominated as "Scientist of the Week" by Mr Kent for their continued hard work and sustained effort within lessons and have been awarded 50 Praise Points:

KS3: Henry Biddlecombe; KS4: Grace Gillen

Mr Evans – Lead Teacher of Science

Remembering D-Day Event



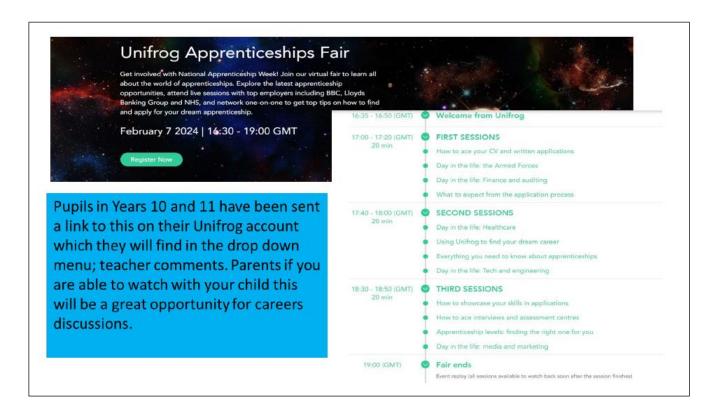
Mrs Walsh - Galileo RSL

National Apprenticeship Week

This week is National Apprenticeship Week and pupils will be exploring this during PDL and curriculum links. It is a great opportunity for you to start a conversation with your child surrounding their career goals and aspirations and looking into what Apprenticeships have to offer.

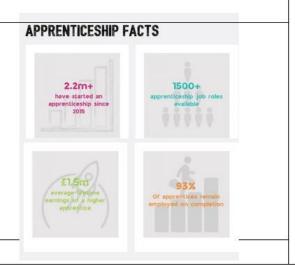
Mrs Smith - Lead Practitioner PDL

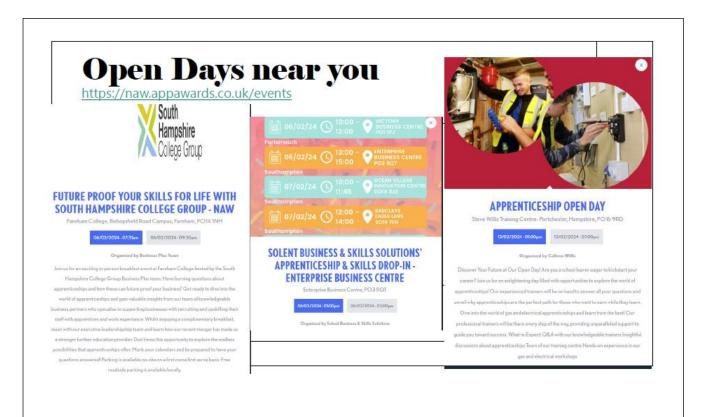




Resources to explore

- https://amazingapprenticeships.com/ subject-led-bundles/
- Visit our Careers page on the school website to find the January 2024
 Parent and Carer Apprenticeship newsletter
- https://amazingapprenticeships.com/ resource/green-apprenticeshipsfilm/







To book please email

purbrookparkschoolptfa@gmail.com

Feel free to bring your own drinks and nibbles

Raising money to enhance our pupils' education



These pupils have displayed excellent effort, attitude and work in last week's history lessons; going above and beyond in all sessions, for homework tasks and even extra curricular sessions like revision!

Sparx Legends of the Week

Year 7 - Caspian Nation

Year 8 - Elliot Nicoll

Year 9 - Lexie Kerens

Year 11 – Daniela Chirinos-Divers

50 Praise Points for each Winner!

Religious Studies Stars of the Week



- ★ Year 7: Isabelle Richardson (DATA)
- ★ Year 8: Axel Herkes (ETKE)
- ★ Year 9: Katie Hale (DATA)
- **Year 10:** Eboney Holdaway (GRHA)
- 💢 Year 11: Aamira Yasin (DYEF)

These pupils have shown fantastic effort, attitude and work in the last weeks RS lessons.



PE BULLETIN

Fixtures next week

Football

Monday 5/2/24 – Year 9 Boys @ Park Community School Wednesday 7/2/24 – Year 9 Boys @ Mountbatten School – Year 10 Boys @ Park Community School

Basketball

Thursday 8/2/24 – Year 7 Mixed Basketball @Crookhorn School

Match Reports

Year 7 Basketball (pictured on the front of the newsletter)

Well done to our Year 7 mixed basketball squad who played their first fixtures of the year last Thursday. Both teams showed teamwork, resilience, and determination! We look forward to the next set of fixtures on Thursday 8th February 2024.

Year 9 Volleyball

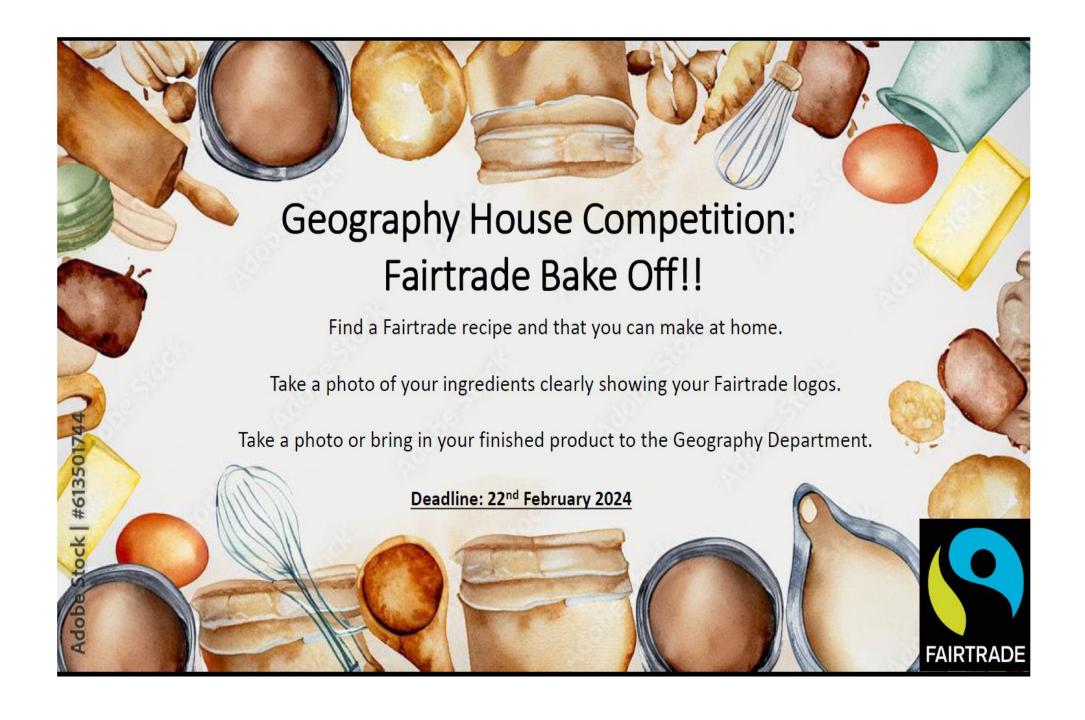
A great effort from the Year 9 boys in their recent volleyball tournament. There were a number of tightly fought games coming close against a very good Portchester team and then beating Horndean Technology College 25-22 after a nail biting first game. Well done to all involved.



New Extra-Curricular Club timetable

EXTRA-CURRICULAR CLUBS: SPRING TERM 1 2024

Monday	FOOTBALL FIXTURES	TBC	Mr Wilson	Year 9
Monday	SUBJECT INTERVENTION	CM2	All Staff	YEAR 9,10, 11
	BADMINTON	SPORTS HALL	MR CROSSMAN	ALL YEARS
	NETBALL/BASKETBALL CLUB	HARD COURTS	MISS FRYER/MISS BRAILEY	ALL YEARS
Tuesday	ULTIMATE FRISBEE CLUB	MUGA	MR KNIGHT	ALL YEARS
,	RECREATIONAL FOOTBALL	MUGA/FIELD	MR HARRIS	ALL YEARS
	RUGBY	FIELD	MR MOON	YEAR 9
	SUBJECT INTERVENTION	CM2	MR WILSON	YEAR 9,10, 11
Wednesday	FOOTBALL FIXTURES	TBC	MR MOON	YEAR 10
	FITNESS CLUB	FITNESS SUITE	MR GISSING	ALL YEARS
	DODGEBALL CLUB	SH	MISS FRYER	ALL YEARS
	TABLE TENNIS	GYM	MISS BRAILEY	ALL YEARS
	EXAM INTERVENTION	CM2	MR WILSON/MR CROSSMAN	YEAR 11
	GIRLS FOOTBALL	FIELD/MUGA	MISS GUILE	ALL YEARS
Thursday	TEAM FOOTBALL	FIELD	MR EVANS	Year 7/8
	TEAM FOOTBALL	FIELD	MR WILSON	Year 9/11
	RUGBY	FIELD	MR MOON	Year 7
	BASKETBALL CLUB	SPORTS HALL	MR CROSSMAN	ALL YEARS
	GYMNASTICS CLUB	GYM	MISS BRAILEY	ALL YEARS



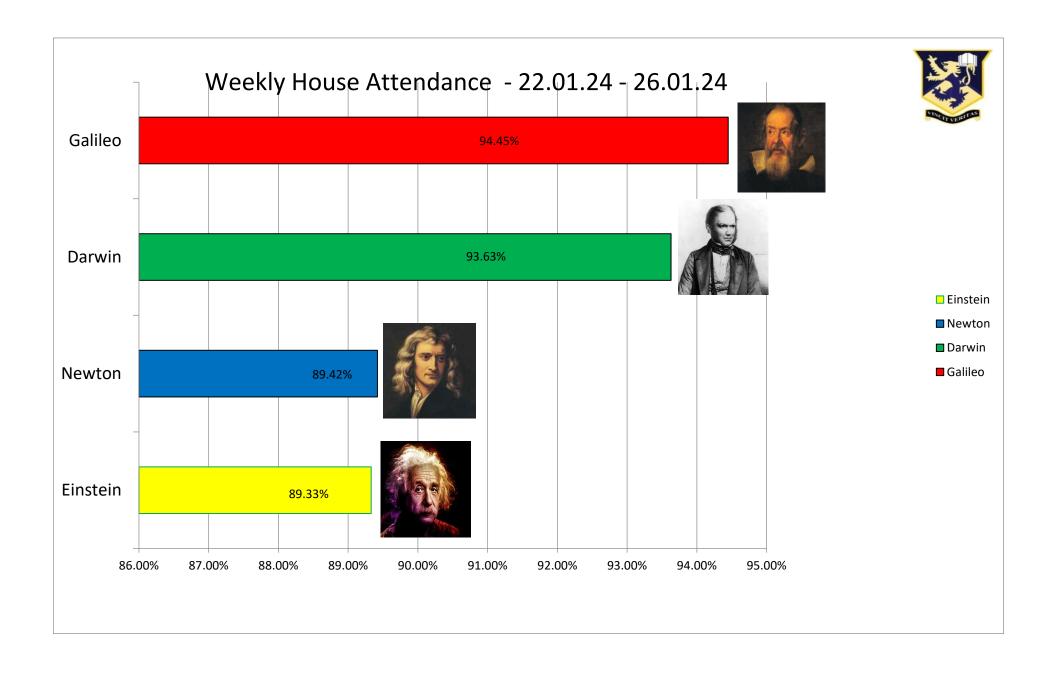
YEAR 8 PROGRESS EVENING

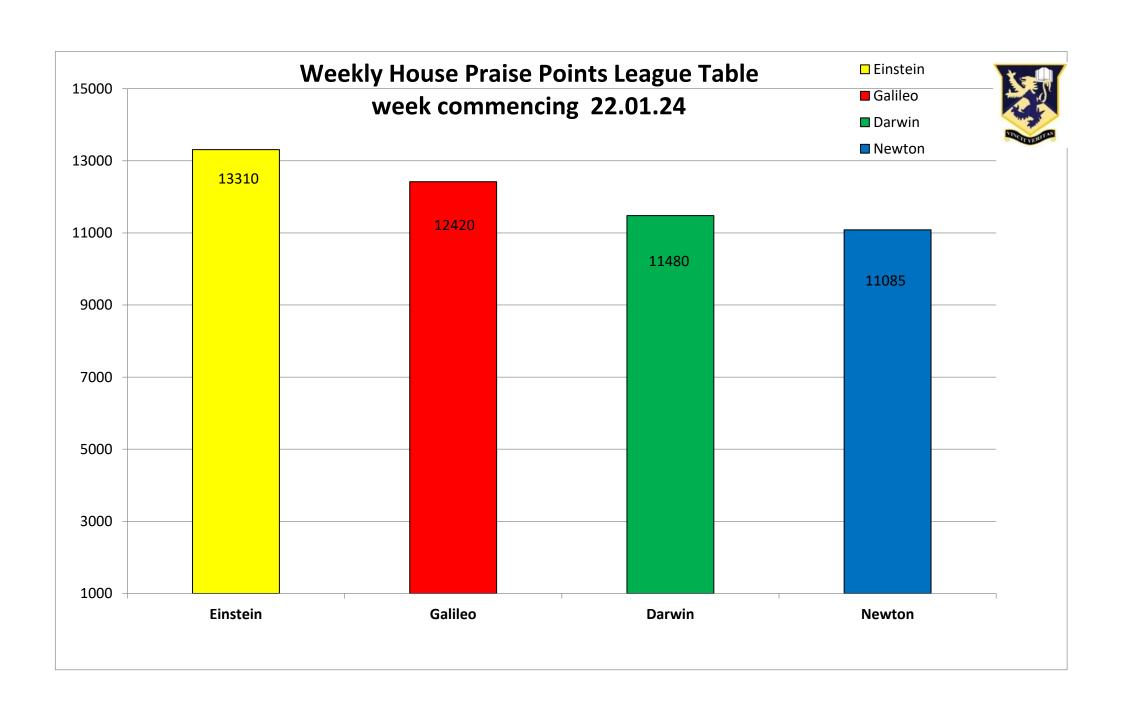


THURSDAY 8TH FEBRUARY 2024 – 4.00pm – 8.30pm

SUBJECT	STAFF	ROOM	SUBJECT	STAFF	ROOM
ENGLISH	Mrs Armstrong		HISTORY	Mr Bruce	HI2
	Miss Broker			Mr Solly	
	Mrs Stott	GE2		Mrs Walsh	_ ni2
	Mr Davies		DRAMA	Mrs Barge	DRAMA
	Mr Harris	GE3	MUSIC	Miss Lyons	
	Ms Simmons	023	DRAMA/HISTORY	Mrs Pomfret	STUDIO
MATHS	Mr Andrews		PE	Mr Crossman	EN7
	Mr Gissing	MA1		Mr Wilson	
	Mr James				
	Ms Hayward		GEOGRAPHY	Miss Franklin	GE1
	Mr Middleton	MA2		Mr Knight	
	Mr Pickford			Miss Shears	
SCIENCE	Mr Evans		TEXTILES	Miss Cumbo	STUDY
	Mr Kent	— MA3	3D DESIGN	Mr Watson	
	Miss Simmons		0000000		CENTRE
SCIENCE	Miss Everall		SPANISH	Miss Bapue-Motto	
	Mrs Goodchild	MA4	COMPUTER SCIENCE	Mrs Millar	JBS
	Mr Herman	T WINT	FRENCH	Ms Robbins	102
			PREINCH		
MATHS	Mr Gunn		ART	Mrs Benton	0.6
	Mr Strange	- NAAC	AKI	Miss Smith	 Conference
DANCE/FOOD	Mrs Taylor	— MA6			Room
TECHNOLOGY					
RELIGIOUS STUDIES	Miss Brockett		SEN	Mrs Morrison-Johnson	SEN4 (Nurture Room)
	Ms Clark-Lyons	HI1			
	Ms Guile				









Huge congratulations this week to:

Year 7	Year 8	Year 9	Year 10	Year 11
Jacob Button	Larissa Kerens	Evie Hill	Joe Flaherty	Connie Jones
Lily El-Kilany	Keeley Marsh	Ellie Tanner	Isla King	Thea Barfoot
Abigail	Esme	Amy	Tom Leunig-	Harry
Barber	Murray	Clackett	Younger	Pattenden
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If you haven't given the GCSE Pods on the Purbrook Park Website a go yet they are a fantastic way to boost your revision. Log-on details are the same as your school log-on.





Weekly Leader Board

Year 9	Year 10	Year 11
Thomas Gaylard	Henry Vye	Fraizer Hepworth Connie Jones Daniel Porton Eva George Jack Young
Ellen Gaylard	Flynn Lamont	
Toby Gaylard	Jordan Lea	





Peer Support for Parents and Carers

Are you currently supporting a child or young person experiencing self-harm?

Your wellbeing is just as important, and we know this is a difficult subject to talk about. Solent Mind are running online Peer Groups Tuesdays at 12.30pm-1.30pm each fortnight, or Wednesdays 6pm-7pm each fortnight until the end of March 2024, along with bespoke individual 1:1 sessions for advice, guidance and support.

If you are interested in accessing either the groups, 1:1s, or both, please complete a self-referral via our Support Hub at <u>selfharmsupporthubhants.org.uk</u>.

We will also be running self-harm awareness sessions looking at how you can support your child or young person, please see below dates for remaining sessions available until the end of the year which can also be booked through the hub.

January	Febuarary	March	
Tuesday 23, 6-7pm	Tuesday 13, 6-7pm	Tuesday 12, 1-2pm	
Tuesday 30, 6-7pm	Tuesday 27, 6-7pm	Tuesday 26, 6-7pm	

Parent Guide to Special Educational Needs (SEN)

Special Educational Needs (SEN)

A child or young person has SEN if they have a learning difficulty or disability which calls for special educational provision to be made for them.

What is a learning difficulty or disability?

A child of school age or a young person has a learning difficulty or disability if they:

- have a significantly greater difficulty in learning than the majority of others of the same age, or
- have a disability which prevents them from making use of resources of a kind generally provided to other children/pupils of the same age in mainstream schools or mainstream post 16 institutions.

Special educational provision

This is educational provision that is additional to or different from that made generally for other children or young people of the same age by mainstream schools.

EN support: support

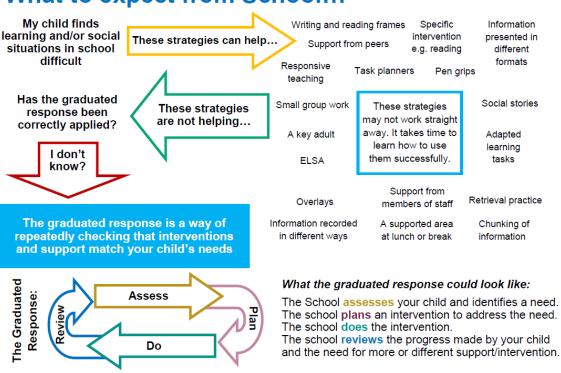
Sometimes your child may need extra help in class, but this does not necessarily mean they have SEN

The majority of children identified as having SEN can be supported without the need for an Education Health and Care Plan (EHCP), this is known as SEN support

Class teachers will regularly check on children's progress and identify any barriers they may have

Teachers adapt their teaching to meet individual needs if your child is not making expected progress

What to expect from School...





If your child has fully engaged in repeated cycles of intervention and support but not made progress from their starting point, then more specific assessment may be required to establish the nature and level of need. There are four broad areas of need, and the boxes below show some of the ways through which these can be supported.

Social, Emotional and Mental Health

The Boxall Profile Mindfulness Restorative approaches Zones of Regulation Play therapy Wellbeing support GP referral to Point 1 and CAMHS Lego therapy

Sensory and **Physical**

Sensory equipment/ spaces Support from outreach services such as the hearing or visual impairment or physical disability teams GP referrals to physio and occupational therapy Assistive technologies and or equipment

Communication and Interaction

Phonological awareness Vocabulary games Repeat instructions Teach listening skills Visual timetables Social stories Pre-teaching Colourful semantics Core vocabulary

Differentiation in class Support from adults Multi-sensory teaching strategies **Phonics** Working memory Motor skills Reasonable adjustments to the classroom Equipment - pencil grips, slopes etc Use of ICT

Schools do not 'fit' a pupil into a category, but rather provide support based on their level of need.

The majority of children identified as having SEN can be supported at SEN support level.

What is an EHCP?

An Education, Health and Care plan (EHC plan or an EHCP) is a legal document which describes a child or young person's special educational needs, the support they need, and the outcomes they would like to achieve.

EHCP Myths and Legends: What an EHCP IS NOT ...

It does not provide your child with a 1:1 adult all the time. The EHCP is designed to support your child to make progress independently.

An EHC needs

How can I help

Limit screen time

Encourage your child to read

my child?

By 6 weeks:

By 16 weeks:

EHC needs assessment timelin

EHC plan should not be necessary and therefore the needs should be met under delegated funding. An EHCP is not a tool to

facilitate frequent changes of

school. By 20 weeks:

If additional resources are not required, then an

Support them to build resilience to challenges,

Ensure good sleep patterns at home

praise effort and persistence

Attend meetings – parents evening, phonics, transitions and SEN - We achieve the best results if we work together!

Offer a balanced and varied diet

Let the school know about any worries you have or changes in personal circumstances



Map of Hampshire Support

Hampshire offers a wide range of services to assist schools and parent/carers in supporting the needs of children and young people. This map highlights some key services that are available and on the following page you can find more information.

Education safeguarding - Homepage - Hampshire SCP

Hampshire Healthy Families - <u>Welcome To Hampshire Healthy Families</u>: <u>Hampshire Healthy Families</u>

Hampshire healthy schools - <u>Healthy Schools in Hampshire | Health and social care | Hampshire County Council</u>

P.S.H.E Offer - Relationships and Sex Education & PSHE training and Support | Health and social care | Hampshire County Council

Hampshire Libraries - Hampshire Libraries | Hampshire County Council

Hampshire Arts - South East | Arts Council England

Hampshire Heritage and Culture - <u>Hampshire Cultural Trust - Changing lives through culture</u>
Hampshire Fire and Rescue education - <u>Playing with fire - Hampshire & Isle of Wight Fire & Rescue</u>
Service, Official website of Hampshire & Isle of Wight Fire & Rescue Service

Hampshire Police - Safe4Me - Hampshire Police's free education resource programme for schools, colleges and partners in Hampshire and the Isle of Wight

Specialist Teacher Advisors (STAS) Hampshire - <u>Specialist Teacher Advisory Service | Children and Families | Hampshire County Council</u>

Hampshire Speech and Language - Speech and Language Therapy: Hampshire Hospitals
Inclusion Service - Inclusion Support Service (ISS) | Hampshire County Council
Rights and Diversity in Education Centre - RADE Centre | Hampshire County Council
School Nursing Team - Children and Family Services: Southern Health NHS Foundation Trust
Hampshire Learns - Hampshire Learns | Education and learning | Hampshire County Council
Hampshire Virtual School - Hampshire and Isle of Wight Virtual School and College for children in care | Hampshire County Council

Early help hub - Early help hubs | Children and Families | Hampshire County Council
Family wellbeing hub - Family Information and Services Hub | Emotional Wellbeing and Mental Health

Education Psychology - <u>Educational Psychology services for schools | Hampshire County Council</u> Children's Centres - <u>Family Information and Services Hub | Hampshire Children's Centres</u>

Family Information and Services Hub - Family Information and Services Hub | Hampshire's Family Support Service

Support for young people - Support for young people | Children and Families | Hampshire County Council

Early help services - <u>Family Information and Services Hub | Hampshire's Family Support Service</u> Young carers - <u>Young carers | Children and Families | Hampshire County Council</u>

Hampshire Virtual School - Hampshire Virtual School and College

Intervention



Mental Health support - Kooth - Home - Kooth

Services for Young People - Support for Young People | Lets Talk About It YMCA wise - young people at risk of child sexual exploitation YMCA WISE

Stop smoking support - <u>Smokefree Hampshire | Your Stop Smoking Service</u>

Catch 22 - whole family support Family services | Catch22

Hampshire Youth Access (HYA) - partnership of 11 leading agencies providing counselling, information, advice, and support to children and young people aged 5 – 17 (or 24 for care leavers and SEND) across Hampshire. Home - HYA (hampshireyouthaccess.org.uk)



Where to find more support for Families

Emotional health and wellbeing

CAMHS

Hampshire Child and Adolescent Mental Health Service (CAMHS) is a NHS specialist service that aims to help young people aged 5 -18 years and their families who are finding it hard to manage their emotional and psychological health, and who are suffering with acute, chronic and severe mental health problems.

CAMHS (hampshirecamhs.nhs.uk)

They also have the following specialist teams that can be contacted directly:

Specialist Eating Disorder Team

This team covers the whole of Hampshire and works with young people who have eating disorders and difficulties, and their families. The aim is to see young people as quickly as possible and provide specialist treatment. The team also provides information and guidance for anyone who might be concerned about <u>an eating difficulty</u>. The Specialist Eating Disorder Team can be contacted Monday-Friday 9-5pm on 0300 304 0062.

Learning Disability Care

Hampshire CAMHS also offer their services to children and young people with a learning disability, making sure that young people with a learning disability who also have a mental health difficulty can get the help and support they need. Every team in Hampshire CAMHS has a specialist learning disability CAMHS worker who can offer a range of approaches depending on each person's needs.

Further information can be found at: www.challengingbehaviour.org.uk

YoungMinds | Mental Health Charity For Children And Young People | YoungMinds Mental Wellbeing Hampshire | Health and social care | Hampshire County Council

Support for the whole family

Portal: Hampshire Healthy Families

Family Information and Services Hub | Hampshire's Family Support Service

Early Help

Information Advice & Support with Special Educational Needs & Disabilities

Family Information and Services Hub | Hampshire's Local Offer for Special Educational Needs and / or Disabilities Parents & Carers | Hampshire SENDIASS

Some common SEN acronyms...

ADD - Attention Deficit Disorder

ADHD - Attention Deficit and Hyperactivity Disorder

ASC - Autistic Spectrum Condition

ASD - Autistic Spectrum Disorder

CAMHS - Child and Adolescent Mental Health Service

CIN - Child in Need

CLA - Child Looked After

CoP - Code of Practice

EHCP - Education, Health and Care Plan

EP - Educational Psychologist

HI - Hearing Impairment

LSA - Learning Support Assistant

OT - Occupational Therapy / Occupational Therapist

PD - Physical Disability

PP - Pupil Premium

PRU - Pupil Referral Unit

SALT - Speech and Language Therapy

SLT - Speech and Language Therapy / Therapist

VI - Visual Impairment (loss of sight)

