

**Purbrook Park School
Purbrook Park Newsletter**



**Week commencing Monday 29th January 2024
WEEK A**

- 1. Notes from the Headteacher**
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- 3. Messages**
- 4. PTFA Bingo Night**
- 5. Historians of the Week**
- 6. Sparx Legends & Religious Studies Stars of the Week**
- 7. PE Bulletin**
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- 9. Weekly House Attendance & Praise Point Leader Boards**
- 10. GCSE Pod Leader Board**
- 11. New Year, New You!**



Purbrook Park is “aspirational and inclusive”

1. Notes from the Headteacher

Please find below a link to a very positive article in the Portsmouth News about our recent Ofsted inspection:

<https://www.portsmouth.co.uk/education/purbrook-park-school-receives-good-ofsted-rating-following-recent-inspection-4489595>

Thank you, once again, to all our wonderful pupils, parents, colleagues, and friends of our school, for your tremendous ongoing hard work and support.

With best wishes,

Paul Foxley

2. Calendar

Date	Event
Monday 29.01.24	Staff Briefing Department Meetings
Tuesday 30.01.24	School Day
Wednesday 31.01.24	Year 8 University Taster Day - Portsmouth University – all day
Thursday 01.02.24	School Day
Friday 02.02.24	Year 9 -11 Dance Trip -'Intermezzo' Production at the Minerva Theatre – 12.00pm – 4.00pm

3. Messages

<p>Remembering D-Day Variety Show</p>	<div data-bbox="411 898 1426 1534" data-label="Complex-Block">  <p>MRS WALSH NEEDS YOU!!</p> <p>On the evening of Thursday 6th June PPS will be hosting a Dinner and a Variety Show Remembering D-Day 75 years on.</p> <p>I am looking for performers, magicians, joke tellers, set designers, waiters and waitresses, kitchen helpers, table hosts and marketing managers! We will be raising money for the school PTFA.</p> <p>If you are interested in any of the above roles please bring yourself and any interested friends to our first planning meeting on Tuesday 30th Jan 3pm – 3.45pm in His 3. You can also sign up on the Clubs section of Edu link</p> </div> <p>Mrs Walsh – Teacher of History/Galileo RSL</p>
<p>Year 8 Progress Evening</p>	<p>Year 8 Progress Evening is taking place from 4.00pm to 8.30pm on Thursday 8th February 2024. Year 8 parents have received an invitation via email, with instructions on making appointments with your child’s subject teachers. Instructions on booking appointments are also available to view on the school website in the ‘Progress Evenings’ section.</p> <p>When making appointments we strongly advise that parents prioritise appointments in subjects which your child is currently performing ‘below expectations’. Due to high demand, appointments for Computer Science and PE, as well as all Art, Design & Technology and Performing Arts subjects, will be available to book for selected pupils only.</p> <p>Mrs Davies – Lead Practitioner KS3 Achievement</p>

<p>Advice on Winter Bugs & Measles</p>	<p>With temperatures dropping this month, Clare Joy – an NHS school nurse working locally, explains in this short video (link below), some top tips on keeping winter bugs at bay, and using the Healthier Together app for advice. <u>Hampshire and Isle of Wight NHS YouTube channel</u></p> <p>It can sometimes be hard for parents to know the best way to help children recover from winter bugs. Healthier Together has been developed by local clinicians, and gives simple advice on how to help children get better at home.</p> <p>The UK Health Security Agency have also published helpful advice on: <u>spotting the signs of when to keep children home.</u></p> <p>You can visit the <u>Hampshire and Isle of Wight NHS winter wellness web page</u> for more advice on keeping warm and well.</p> <p>You will have seen the news regarding the rise in cases of measles in London and the West Midlands. The UK Health Security Agency (UKHSA) has now declared a national incident in order to focus actions to limit the spread. Children who get measles can be very poorly and some will suffer life changing complications. To support this incident the Department of Education (DfE) has published some guidance for parents and for schools:</p> <p><u>What to do if you think your child has measles and when to keep them off school</u></p> <p>If you have any questions or concerns, please contact our pastoral team.</p> <p>Pastoral Team</p>														
<p>Dance Live Rehearsal Schedule</p>	<p>All rehearsals are 3.00pm - 4.15pm.</p> <table border="1" data-bbox="391 1276 1428 1724"> <thead> <tr> <th>Date</th> <th>Sections required</th> </tr> </thead> <tbody> <tr> <td>Mon 29th Jan</td> <td>Finale</td> </tr> <tr> <td>Tue 30th Jan</td> <td>All except Opening</td> </tr> <tr> <td>Wed 31st Jan</td> <td>Whole cast</td> </tr> <tr> <td>Thur 1st Feb</td> <td>Whole cast</td> </tr> <tr> <td>Mon 5th Feb</td> <td>Whole cast 3-5pm</td> </tr> <tr> <td>Tuesday 6th Feb</td> <td>DANCE LIVE ALL DAY</td> </tr> </tbody> </table> <p>Finale consists of Hope/Greed/Jealousy/Jayden & Ruby and possibly some of the other evils. We will let you know if this is you.</p> <p>Tickets for the performance can be purchased through the Portsmouth Guildhall website or the Dance Live website for anyone who wants to come and support!</p> <p>Mr Strange – Teacher of Dance</p>	Date	Sections required	Mon 29 th Jan	Finale	Tue 30 th Jan	All except Opening	Wed 31 st Jan	Whole cast	Thur 1 st Feb	Whole cast	Mon 5 th Feb	Whole cast 3-5pm	Tuesday 6th Feb	DANCE LIVE ALL DAY
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Food Practical Reminders

STIR FRY **7Y 29.1.24** **7Z 30.1.24**

If you are bringing in your own ingredients, please use the recipe below and bring in cooked chicken only. Please remember a container to put it in.

STIR FRY



Ingredients
100g noodles
1 small chicken breast (COOKED)
1 clove garlic
½ or 1 red chilli
1cm fresh ginger
½ or 1 small onion
3 mushrooms
½ or 1 pepper
1 x 10ml spoon oil
1 x 10ml spoon soy sauce (reduced salt)
2X Sweet chili sauce (optional)

Method

1. Cook the noodles in boiling water. Check the packet for details
 2. Prepare the vegetables with a clean knife on a clean chopping board:
 3. peel and crush the garlic; de-seed and slice the chilli; peel and slice the ginger; slice the onion, pepper and mushrooms. On a different board, finely slice the chicken breast
 4. Heat the oil in a wok or frying pan.
 5. Add the onion, garlic, chilli and ginger. Allow to cook for 1 minute. Add the chicken and fry for 5 minutes
 6. Add the remaining vegetables and soy sauce and continue to cook for a further 5 minutes.
- CHECK THE CHICKEN IS COOKED BEFORE ADDING NOODLES
8. Drain the boiling hot water away from the noodles into a colander in the sink.
 9. Stir in the cooked noodles and cook for 2 minutes until hot.
 10. Serve. Clear up

SWEET PINWHEELS **8X 29.1.24** **8Z 31.1.24** **8Y 2.2.24**

Please remember to bring in a container. If you are bringing in your own ingredients, please use the recipe below. If we are providing ingredients for you the fillings will be either Biscoff or chocolate spread with white choc chips.

SWEET PIN WHEELS



Ingredients
200g Strong White flour
Extra flour for dusting
1 packet of yeast
1 tsp of sugar
15g Butter
125ml warm water
Sauce
Toppings

METHOD

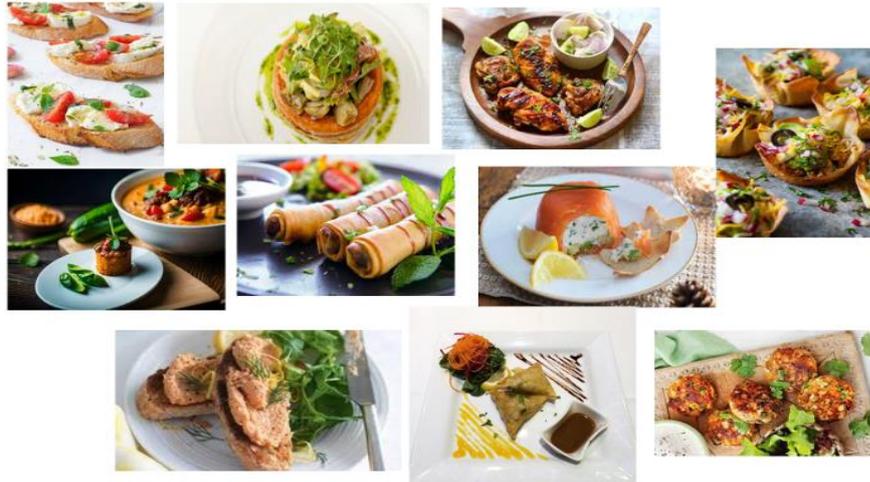
1. Preheat oven to 220C fan/ gas mark 7
2. Place dry ingredients into a bowl, add in the butter and rub together to create breadcrumbs
3. Slowly add the water in to the mix using a spoon to make a soft but not sticky dough
4. Turn onto a floured surface and knead for 10 minutes
5. Roll into a square roughly 25cm x 25 cm making sure the edges are straight
6. Spread your sauce over the dough and add toppings, not too many or they will burst out
7. Roll it up like a swiss roll, tucking the edge in first and rolling up together, then cut into 9 equal sections and place onto a greased baking tray.
8. Cover and leave in a warm place to rise or until they have doubled in size
9. Bake for 15 - 20 minutes until golden brown

CHICKEN THIGH AND LEG DISH - 10B 1.2.24



You will be using the thighs and legs from your chicken jointing practical to make a dish of your choice. Please bring in a recipe plan and all the ingredients you will need to make this.

TRIAL 2- STARTER AND ACCOMPANIMENTS - 11B- 1.2.24



You will be making a starter and accompaniments of your choice based on your NEA 2 brief below. Please bring in all the ingredients you will need and a time plan. Remember that this is a trial, so please make something you can develop further in the final exam. For example, making a mini risotto and then changing this to a higher-skilled small ravioli dish for your exam.

BRIEF 1

Plan, prepare, cook and present a range of healthy and nutritious dishes that would appeal to a family with limited food budget.

BRIEF 2

Plan, prepare, cook and present a range of dishes to be sold in a cafe or restaurant that is promoting using fresh and seasonal ingredients.

BRIEF 3

Plan, prepare, cook and present a range of dishes that celebrate an event, occasion or festival from around the world.

Miss Cumbo – Lead Teacher A, D & T

Good News Story

Congratulations to Hallie White (9DCSI) who competed in Nottingham at the weekend with her synchronised ice-skating team for the Britannia Cup. They achieved first place, making them British champions for their category, with a new 'personal best' score of 29.67. Well done Hallie!



Miss Cumbo – Lead Teacher A, D & T

**Science –
Celebrating
Success****Tassomai**

For the week beginning 15th January 2024, 18,831 Science recall-style questions were answered on Tassomai. The following pupils have been rewarded with 25 Praise Points for being the top three users in their year group:

Year Group	1st Position	2nd Position	3rd Position
7	Maddie Moore	Charlotte Losh	Tilly Goodchild
8	Scarlett Strachan	Bradley Ford	Rosie Reed
9	Isabel Goodwin	Lexie Kerens	Ellen Gaylard
10	Austin White	Molly Reeves	Zoe Simpson
11	Harry Simmons	Kyra Hepworth	Sofia Green

If you have any questions relating to Tassomai please do not hesitate to email: tevans@purbrook.hants.sch.uk

Mr Evans – Lead Teacher of Science

BONKERS BINGO!!
(over 18s)

Friday
1st
March
630pm

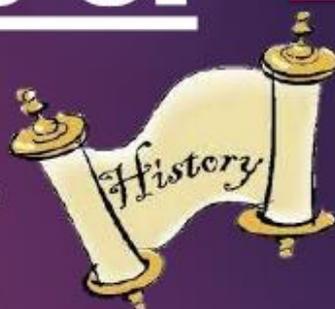
Entry fee £5
Includes welcome
drink and bingo tickets
(chance to upgrade to full
bingo book on the evening)

To book please email
purbrookparkschoolptfa@gmail.com
Feel free to bring your own drinks and nibbles

Raising money to enhance our pupils' education

Week commencing 22th January 2024

Historians of the Week!



Year 7 – Jack Foster

EKCL



Year 8 – Rudy Jones

ERJA



Year 9 – Nina Rudnik

NAFR



Year 10 – Ella Johnson

GSWI



Year 11 – Harry Stallard

GAPI

These pupils have displayed excellent effort, attitude and work in last week's history lessons; going above and beyond in all sessions, for homework tasks and even extra curricular sessions like revision!

Sparx Legends of the Week

Year 7 – Caspian Nation

Year 8 – Elliot Nicoll

Year 9 – Lexie Kerens

Year 10 – Ellouise Sadler

**Year 11 – Daniela Chirinos-
Divers**

**Your Skip the queue pass will
be emailed to you on Friday
for the following week!**

**Skip the queue pass allows you
to get straight to the front of
the food queue for 1 week!**

Religious Studies Stars of the Week



★ **Year 7: Jack Foster (EKCL)**

★ **Year 8: Halle Bradshaw (GJMO)**

★ **Year 9: Ruby Jackson Nash (GNLY)**

★ **Year 10: Teddy Westrope (EIBA)**

★ **Year 11: Kyra Hepworth (DCSI)**

**These pupils have shown fantastic effort,
attitude and work in the last week's RS
lessons.**



PE BULLETIN

Fixtures next week

Football

Monday 29/1/24 – Year 9 Boys @ Cowplain School

Wednesday 31/1/24 – Year 10 Boys @ Cowplain School

Basketball

Thursday 1/1/24 – Year 8 Mixed @ Crookhorn School

Year 10 Trip to Chichester University

On Friday 12th January 2024, a select group of Year 10 pupils attended a school trip to the Chichester University Sport Science Department. They spent the day learning about what a sport science course offers and they took part in some practical experiments related to health and fitness. It was a great experience and taught the pupils a lot about future career pathways.

Girls' Rugby

Calling all Year 7, 8 and 9 girls! If you would like to take part in the girls' rugby training at Havant RFC, please see a member of the PE department.

New Extra-Curricular Club timetable

EXTRA-CURRICULAR CLUBS: SPRING TERM 1 2024

Monday	FOOTBALL FIXTURES SUBJECT INTERVENTION	TBC CM2	Mr Wilson All Staff	Year 9 YEAR 9,10, 11
Tuesday	BADMINTON NETBALL/BASKETBALL CLUB ULTIMATE FRISBEE CLUB RECREATIONAL FOOTBALL RUGBY SUBJECT INTERVENTION	SPORTS HALL HARD COURTS MUGA MUGA/FIELD FIELD CM2	MR CROSSMAN MISS FRYER/MISS BRAILEY MR KNIGHT MR HARRIS MR MOON MR WILSON	ALL YEARS ALL YEARS ALL YEARS ALL YEARS YEAR 9 YEAR 9,10, 11
Wednesday	FOOTBALL FIXTURES FITNESS CLUB DODGEBALL CLUB TABLE TENNIS EXAM INTERVENTION	TBC FITNESS SUITE SH GYM CM2	MR MOON MR GISSING MISS FRYER MISS BRAILEY MR WILSON/MR CROSSMAN	YEAR 10 ALL YEARS ALL YEARS ALL YEARS YEAR 11
Thursday	GIRLS FOOTBALL TEAM FOOTBALL TEAM FOOTBALL RUGBY BASKETBALL CLUB GYMNASTICS CLUB	FIELD/MUGA FIELD FIELD FIELD SPORTS HALL GYM	MISS GUILLE MR EVANS MR WILSON MR MOON MR CROSSMAN MISS BRAILEY	ALL YEARS Year 7/8 Year 9/11 Year 7 ALL YEARS ALL YEARS



100

MILE CHALLENGE

**WE CHALLENGE YOU TO
COMPLETE 100 MILES
OF RUNNING, WALKING
OR CYCLING BETWEEN
NOW AND OUR
CENTENARY
CELEBRATION ON
SATURDAY
6TH JULY.**

**PLEASE USE A
FITNESS TRACKER
APP SUCH AS
STRAVA, GARMIN OR
APPLE HEALTH TO
RECORD YOUR
PROGRESS TO
PROVE YOU HAVE
COMPLETED THE 100
MILES.**

PE DEPARTMENT

**COMPLETE 100 MILES AND
BE ENTERED INTO THE
RAFFLE TO WIN
TICKETS TO THE
HUNDRED CRICKET
MATCH!**

**PLEASE SEE THE
PE DEPARTMENT
FOR MORE
INFORMATION
OR SUPPORT
WITH USING A
TRACKING
APP.**



FREE Online Courses for Parents this February

To book type in the link: <https://shop.hants.gov.uk/collections/library-courses>

Course	Dates	Time
Positive Parenting	Mondays 26 February – 25 March	6:30pm – 8pm
Raising Resilient Children	Tuesdays 27 February – 26 March	6:30pm – 8pm
Introduction to Paediatric First Aid	Tuesdays 27 February – 19 March	6:45pm – 9:15pm



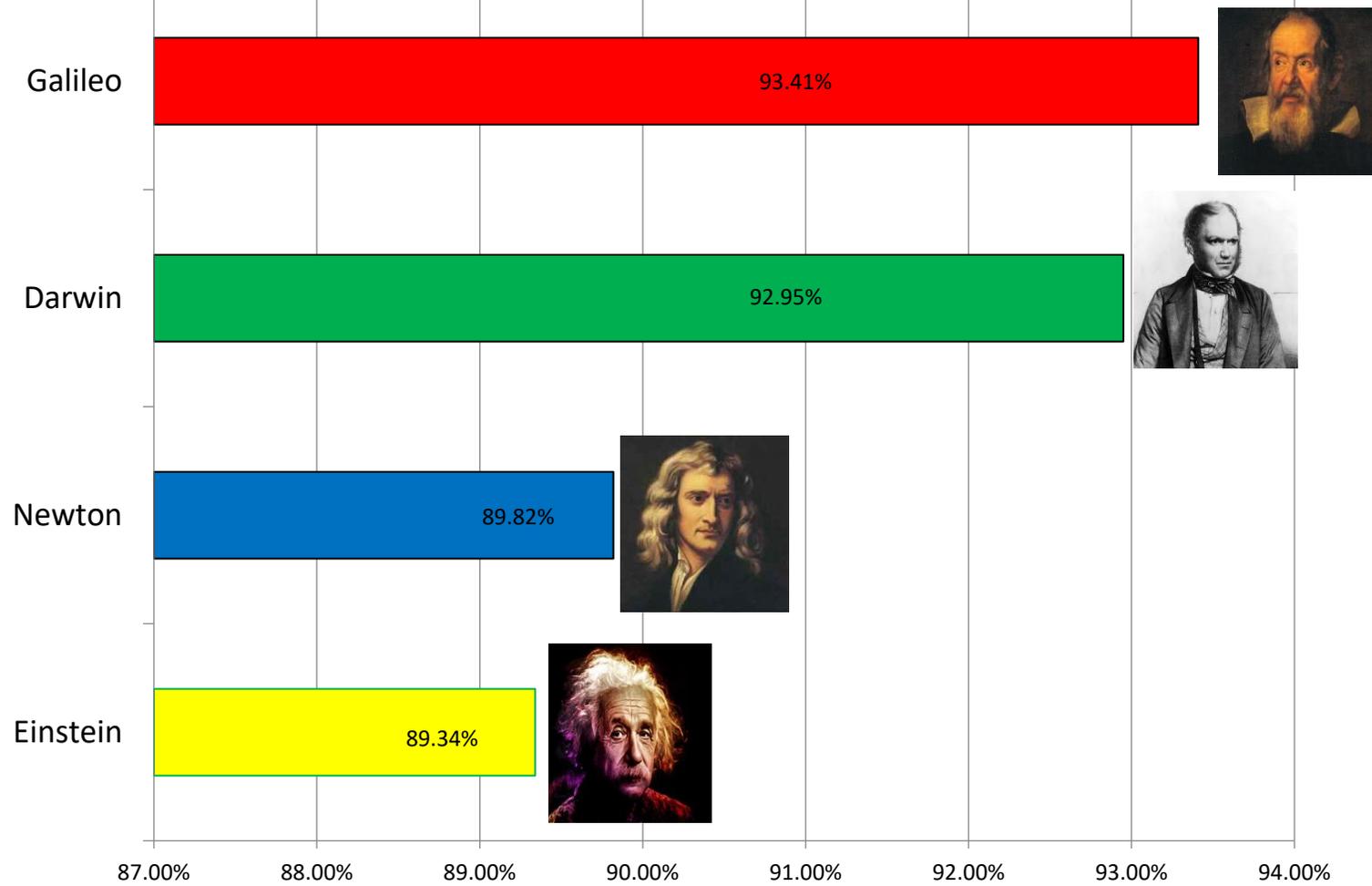
These courses are aimed at Hampshire residents aged 19+. Attendance is expected at each session to ensure that you get the most out of your learning experience and to minimise disruption for other learners. Please advise the venue/tutor of any absence you may have.

Participants will be required to use Zoom. No account is required, not sure how to use Zoom? Check out these helpful videos: <https://support.zoom.us/hc/en-us/articles/206175806>



www.hants.gov.uk/library   

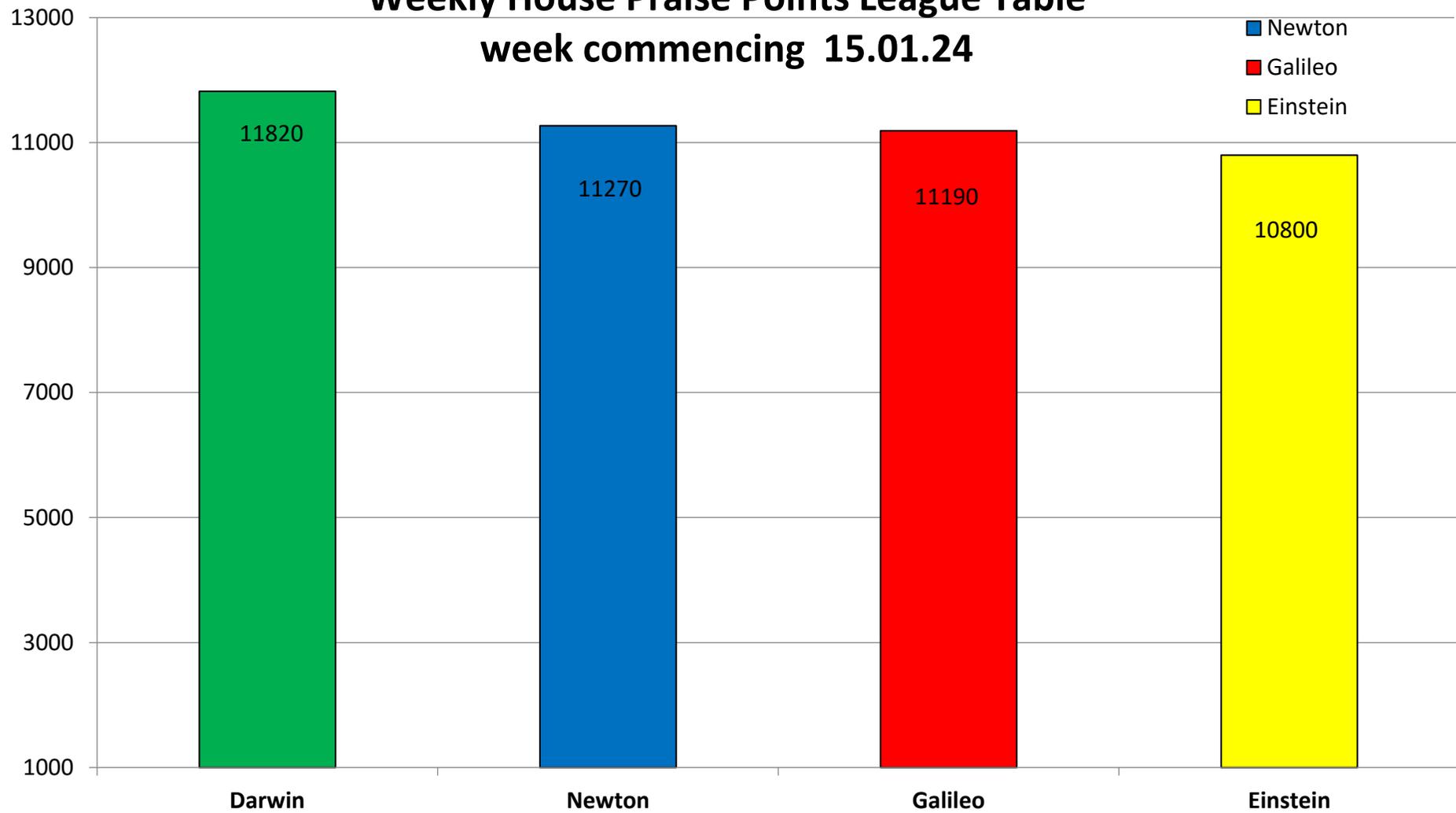
Weekly House Attendance - 15.01.24 - 19.01.24



- Einstein
- Newton
- Darwin
- Galileo

Weekly House Praise Points League Table week commencing 15.01.24

- Darwin
- Newton
- Galileo
- Einstein





Leader Board This Week

Huge congratulations this week to:

Year 7	Year 8	Year 9	Year 10	Year 11
Jack Foster	Jacob Weltch	Fran Ferguson	George Calvert	Chloe Wright
Oliver Sawyer	Finn Gould	Evie Hill	Alita Applegarth	Brianna Miller
Jimmy Jarrold	Noah Lane	Toby Buxey	Isla Wren	Isabel Boddington
Well done! We are so proud that your Character Virtues are shining through!				



REVISION TIPS

If you haven't given the GCSE Pods on the Purbrook Park Website a go yet they are a fantastic way to boost your revision. Log-on details are the same as your school log-on.



Leader Board

Year 9	Year 10	Year 11
Ellen Gaylard	Calleigh Hird	Amélie Hale
Freya Rafferty	Poppy Waters	Josh Hunter Oliver Pymont Jack Sparks Sam New
Oliver Randall Ellie Tanner George Wheeler	Ella Johnson	



SELF-DISCIPLINE

*In the dance of dreams, discipline leads,
Focused steps fulfil our needs.
Resist distraction's tempting plea,
Forge ahead, success we'll see.*

Philip Vasilu



THINGS I WOULD LIKE TO ACHIEVE THIS YEAR:

I would like to: be more social get better at shooting and dribbling in basketball driving going out more often. I would also like to try to dunk and have more fun with my friends and family

What makes us Confident / Not Confident

Confident	Not Confident
- Don't care about people's opinions	- People's opinions
- Your appearance	- Insecurities
- Loose, tan, make-up	- Appearance
- Friends / family	- In a bad / feeling dirty
- Looking good / dressing up	- Not having straight hair / not straight hair
- Compliments	

My years goals

This year a few things I would like to achieve is to have better confidence speaking in front of large groups of people, to be able to get better shooting and work very hard on my dribbles in basketball another this I aspire to achieve is to be able to dunk the basketball

