

**Purbrook Park School  
Purbrook Park Newsletter**



**Week commencing Monday 15th January 2024  
WEEK A**

1. Notes from the Headteacher
2. Calendar
3. Messages
4. Poetry Competition
5. Historians of the Week
6. Sparx Legends and Religious Studies Stars of the Week
7. PE Bulletin
8. Spring 2024 After School Clubs
9. Weekly House Attendance & Praise Points Leader Boards
10. GCSE Pod Leader Board



*"Purbrook Park continues to be a good school"*

**1. Notes from the Headteacher**

We are all delighted with the result of our recent Ofsted inspection.

Please find below a link to the full inspection report:

<https://www.purbrookparkschool.co.uk/attachments/download.asp?file=4150&type=pdf>

Well done everyone!

With best wishes,

**Paul Foxley**



## Food Practical Reminders

We have written to ask all parents of pupils in Year 7 and Year 8 to confirm their choice of whether to pay a termly fee and have ingredients provided by the school OR provide the ingredients needed for each lesson themselves.

If you have not already done so and would like us to provide your child's ingredients, please make the payment online so that we can have the ingredients ready for Food technology practical lessons. If you are providing your own ingredients, please remember to bring them straight to the food room at the start of school so they can be stored correctly in the fridge.

### MEAL IN A JAR

**7Y 15.1.24**

**7Z 16.1.24**

Please bring in a glass jar!

If we are providing ingredients for you it will be a chicken Caesar salad. If you are bringing your own, please use the recipe below. If you are bringing in any meat please make sure this is cooked already because we only have a single lesson in which to make this.

### MEAL IN A JAR



#### Ingredients

1 X Sauce of your choice

4 X different salad options

1 X meat or alternative

We will cook and prepare everything in class.

#### METHOD

1. Prepare self and work area for practical
2. Cook off any meats or alternative in a frying pan ensuring they are fully cooked
3. Using a knife carefully and start to prepare your salad options by chopping and slicing them up
4. Once all your options are ready assemble all on a chopping board
5. Wash your jar up making sure it is clean
6. Start to layer your salad options, your meat and your sauce try and alternate colours!

### TEACAKE CHALLENGE

**8X 15.1.24**

**8Z 17.1.24**

**8Y 19.1.24**

You will be given a teacake and some other ingredients to use to present this. Be creative and show us your best presentation skills.

If you have not paid for us to provide ingredients, you will need a Tunnock's teacake and other ingredients of your choice to decorate.

## TEA CAKE CHALLENGE

USING WHAT YOU HAVE IN FRONT OF YOU, CREATE A WELL PRESENTED TEA CAKE

THINK ....

- COLOUR
- PLACEMENT
- LAYERING
- PLATE
- ODD NUMBERS



## PASTA SAUCE

### 9C WHITE SAUCE 16.1.24

Please bring in £1.00 and we will provide all the ingredients that you will need to make this. Please remember to bring in a container!

### BASIC WHITE SAUCE



#### METHOD

1. Prepare self and work area for practical
2. Collect equipment and weigh and prepare ingredients
3. Gently melt the margarine in a saucepan over a low heat
4. Stir in the flour and cook for 1-2 minutes
5. Take the pan off the heat and gradually stir in the milk to get a smooth sauce. Return to heat and, whisking all the time, bring to the boil
6. Keep whisking until the sauce is lump free and glossy
7. Add in the salt/pepper/herbs cheese
8. When finished, wash up your equipment and clean your work areas.

#### Ingredients

25g soft margarine  
25g plain flour  
250ml semi-skimmed milk  
Black pepper  
Half tbsp herbs/spices  
Extra ingredients, IE: ham, bacon, onion, cheese, pasta etc whatever you decide!

### 9C TOMATO SAUCE 19.1.24

Please bring in £1.00 and we will provide you with the basic tomato sauce ingredients. This will be used with the pasta you will make in your next practical. You just need to bring in a container to store this in.

If you are wanting to add any extra ingredients to your sauce you can, but they must be cooked and prepared ready at home.

## BASIC TOMATO SAUCE



### Ingredients

1 onion  
1 clove garlic  
1 x 15ml spoon oil  
1 x 400g canned chopped tomatoes  
Handful of fresh basil  
Black pepper  
100g pasta

## METHOD

1. Peel and chop the onion, dicing it into small chunks. After this peel and crush the garlic using a garlic crusher.
2. Fry the onion and garlic in the oil for 5 minutes until soft, on a medium heat. Fry any other ingredients off at this point also.
3. Add the tomatoes and tear in the basil leaves in.
4. Add a few twists of black pepper, then allow to simmer gently for 20 minutes.
5. While onion and garlic is frying, boil kettle and pour into pan. Turn on hob and bring to boil. When rapidly boiling, add the pasta and cook for around 10 minutes until al dente,
6. Prepare any other vegetables or meat needed for the dish
7. When done, drain pasta using a colander in the sink. Mix the cooked pasta and tomato sauce together then present your dish.

## CHICKEN JALFREZI - 10B 18.1.24



You will be using one of your chicken breasts from the chicken jointing practical and your spice mix to make this chicken jalfrezi.

Please see the recipe below with all the other ingredients you will need to bring in.

### CHICKEN JALFREZI

WITH PEPPERS

#### INGREDIENTS

500g chicken breast cut into cubes  
200g tinned tomatoes (optional 4 medium tomatoes finely chopped)  
3 tbsp of oil or ghee – less if you wish  
2 medium onions finely chopped  
6 garlic cloves and 1cm ginger (make into a paste)  
1 level tsp whole cumin  
1 level tsp garam masala  
1 tsp chilli powder  
1½ level tsp cumin powder  
1 level tsp coriander powder  
½ tsp turmeric powder  
3 medium peppers - any colour, chopped into cubes or slices  
½ bunch fresh coriander finely chopped  
Salt to taste

### COOKING INSTRUCTIONS

1. Put 6 garlic cloves and 1cm ginger into a blender, add a little oil and blend into a paste. Heat oil in a medium pan (olive or sunflower).
2. Add onion and cook for one minute.
3. Now add chicken and ginger paste and cook for 5 minutes.
4. Then add tomatoes and cook for a few minutes.
5. Now add all the spices and cook for 5 minutes.
6. Cook for 5 minutes.
7. Place chicken in a pan with water to cover and cook for 5 minutes.



**TRIAL 1- MAIN COURSE**  
**11B 18.1.24**



You will be making a main course of your choice based on your chosen NEA 2 brief shown below. Please bring in all the ingredients you will need and a time plan. Remember this is a trial so please make something you can develop further for your final exam. For example, if you make spaghetti bolognese in your trial, change this to a higher skilled lasagne for your exam.

**BRIEF 1:**

*Plan, prepare, cook and present a range of healthy and nutritious dishes that would appeal to a family with a limited food budget. Present three dishes.*

**BRIEF 2:**

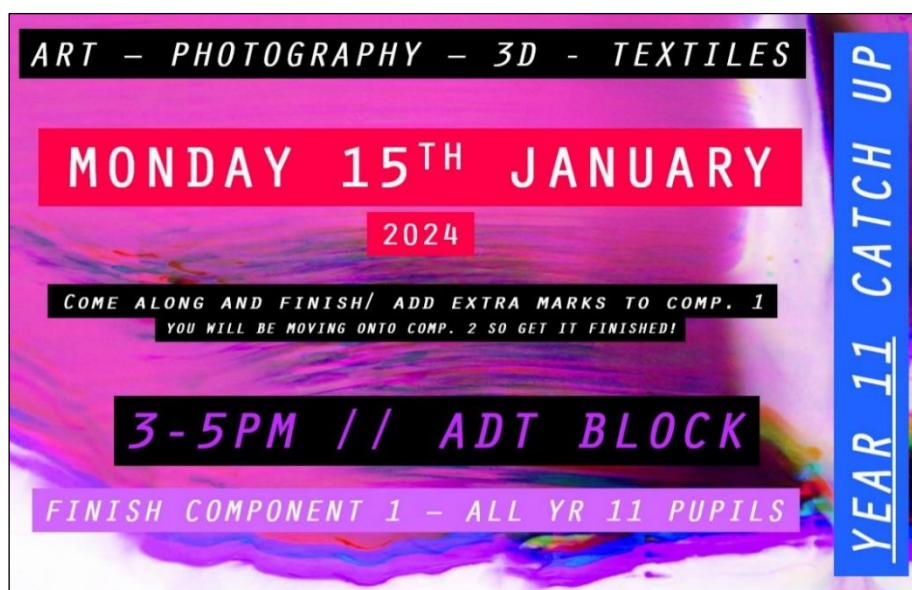
*Plan, prepare, cook and present a range of dishes to be sold in a café or restaurant that is promoting using fresh and seasonal ingredients. Present three dishes.*

**BRIEF 3:**

*Plan, prepare, cook and present a range of dishes that celebrate an event, occasion or festival from around the world. Present three dishes.*

**Miss Cumbo – Lead Teacher A, D & T**

**Year 11 A, D & T  
Catch-Up**



**Miss Smith – Teacher of A, D & T**

# THROUGH THEIR EYES

POETRY COMPETITION FOR **11-18** YEAR-OLDS



WHOSE POINT OF VIEW  
WILL **YOU** CHOOSE?

YOU COULD BE **PUBLISHED** AND EVEN  
WIN **£50** AND A **TROPHY!**

SEE THIS TEACHER FOR MORE INFORMATION:  
MRS MORRISON-JOHNSON

YOUR ENTRY NEEDS TO BE HANDED IN BY:  
FRIDAY 9TH FEBRUARY 2024

[WWW.YOUNGWRITERS.CO.UK](http://WWW.YOUNGWRITERS.CO.UK)

Week commencing 08<sup>th</sup> January 2024

# Historians of the Week!



**Year 7 – Jacob Shepherd**

**GJMO**



**Year 8 – Jack Brame**

**GJMO**



**Year 9 – Isabel Goodwin**

**GAPI**



**Year 10 – Blake Livingstone**

**NESA**



**Year 11 – Logan Holman**

**ESSR**

*These pupils have displayed excellent effort, attitude and work in last week's history lessons; going above and beyond in all sessions, for homework tasks and even extra curricular sessions like revision!*



## ***Sparx Legends of the Week***

**Year 7 – Luke Ramus**

**Year 8 – Courtney Willett**

**Year 9 – Lexie Kerens**

**Year 10 – Isla King**

**Your Skip the queue pass will  
be emailed to you on Friday  
for the following week!**

**Skip the queue pass allows you  
to get straight to the front of  
the food queue for 1 week!**

# Religious Studies Stars of the Week



★ **Year 7: Comfort Nwuko (NLGU)**

★ **Year 8: Lily-Rose Fitzwilliam (GFCO)**

★ **Year 9: Laila Kidby (DMWA)**

★ **Year 10: Ruby Martin (GJMO)**

★ **Year 11: Sam New (NCBR)**

**These pupils have shown fantastic effort,  
attitude and work in the last weeks RS  
lessons.**



## PE Bulletin

### Upcoming Fixtures

#### ***Basketball***

Thursday 18/1/24 – Year 8 Mixed @ Crookhorn

#### ***Football***

Monday 15/1/24 – Year 9 Boys @ Warblington School

Wednesday 17/1/24 – Year 10 Boys @ Warblington School

#### ***Volleyball***

Tuesday 16/1/24 – Year 9/10 Girls @ Solent University

### Year 7 Interhouse Competition

On Friday 19<sup>th</sup> January 2024 the Year 7s will have the next stage of the interhouse competitions during lesson 5. Please remember your kit for another fun filled competition to win your house valuable praise points!

### Girls' Rugby

Thursday 18<sup>th</sup> January 2024 will be the first opportunity for Year 7, 8 and 9 girls to take part in the girls' rugby training at Havant RFC. If you interested in this and would like to give rugby a go, please see a member of the PE department.

### New Extra-Curricular Club timetable

## EXTRA-CURRICULAR CLUBS: SPRING TERM 1 2024

<b>Monday</b>	FOOTBALL FIXTURES SUBJECT INTERVENTION	TBC CM2	Mr Wilson All Staff	Year 9 YEAR 9,10, 11
<b>Tuesday</b>	BADMINTON NETBALL/BASKETBALL CLUB ULTIMATE FRISBEE CLUB RECREATIONAL FOOTBALL RUGBY SUBJECT INTERVENTION	SPORTS HALL HARD COURTS MUGA MUGA/FIELD FIELD CM2	MR CROSSMAN MISS FRYER/MISS BRAILEY MR KNIGHT MR HARRIS MR MOON MR WILSON	ALL YEARS ALL YEARS ALL YEARS ALL YEARS YEAR 9 YEAR 9,10, 11
<b>Wednesday</b>	FOOTBALL FIXTURES FITNESS CLUB DODGEBALL CLUB TABLE TENNIS EXAM INTERVENTION	TBC FITNESS SUITE SH GYM CM2	MR MOON MR GISSING MISS FRYER MISS BRAILEY MR WILSON/MR CROSSMAN	YEAR 10 ALL YEARS ALL YEARS ALL YEARS YEAR 11
<b>Thursday</b>	GIRLS FOOTBALL TEAM FOOTBALL TEAM FOOTBALL RUGBY BASKETBALL CLUB GYMNASTICS CLUB	FIELD/MUGA FIELD FIELD FIELD SPORTS HALL GYM	MISS GUILF MR EVANS MR WILSON MR MOON MR CROSSMAN MISS BRAILEY	ALL YEARS Year 7/8 Year 9/11 Year 7 ALL YEARS ALL YEARS

## Handball Opportunity



## Cricket Opportunity



### **Purbrook cricket club Indoor training with Level 2 ECB coaches**

**Where:** Crookhorn college Sports hall

**When:** Every Monday Evening Starting Mon Nov 13<sup>th</sup>.

**Time:**

U9/U11 6-7pm

U13 7-8pm

U15 8-9pm

Just Turn up or contact John Howard Mobile 07795083692

## Fishing for schools

Fishing for Schools

**FISHING FOR SCHOOLS NEEDS YOUR VOTES!**

WE'RE IN THE TESCO STRONGER STARTS 'BLUE TOKEN' VOTING SCHEME

Please vote for us if you shop in a Tesco store in:

- Shepton Mallet
- Portsmouth
- Pontypool

Money raised from Stronger Starts will fund our work in your area.

A man and a child are fishing together. The man is holding a fishing rod and the child is sitting next to him, also holding a fishing rod.

We don't just take kids fishing. We build skills, confidence and wellbeing in a natural world.

Voting available  
October 2023 until mid-January 2024

**Stronger TESCO Starts** Every little helps

For more information contact [fishing@ca-foundation.org](mailto:fishing@ca-foundation.org)

Havant Hornets

**HAVANT HORNETS Junior Badminton Club**

**Free Taster Session!**

**Every Monday 4:30pm to 6:00pm**

**VENUE**  
**HAVANT LEISURE CENTRE**  
Civic Centre Road Havant PO9 2AY

A young man and woman are playing badminton. The man is in the air, hitting a shuttlecock, and the woman is on the ground, ready to receive it.

## Havant Basketball Club

Training sessions on Tuesdays at Oaklands Catholic school:

Under 13s 5.30 - 6.30pm

Under 16s 6.30 - 7.30pm

Under 18s 7.30 - 8.30pm

£4 training fee



## Portsmouth Gymnastics Club

Classes charged monthly in advance at £6.25 per hour. Monthly fee may vary depending on the number of days in the month.

### FunGym Classes Ages 5-17 years

Monday	4-5pm, 5.15-6.15pm
Tuesday	4-5pm, 5.15-6.15pm
Wednesday	4-5pm, 5.15-6.15pm
Thursday	4-5pm, 5.15-6.15pm
Friday	4-5pm, 5.15-6.15pm
Saturday	10.30-11.30am 11.45-12.45pm 4.15-5.15pm

## Portsmouth Rugby Club

PORTSMOUTH JUNIOR RUGBY FOOTBALL CLUB

# PLAYERS WANTED!

**JOIN OUR WINNING SQUAD**



Portsmouth Junior Rugby Club is looking for players in all of our boys and girls secondary school age squads. We would love to welcome you to our friendly, winning, club. We guarantee a warm welcome, new skills and the chance to make friends for life.

**Free Taster Sessions Available at Rugby Camp, Norway Road, Hilsea!**

## EVERY WEDNESDAY AND SUNDAY

For more information, contact  
[juniorchair.portsmouthrugbyclub@gmail.com](mailto:juniorchair.portsmouthrugbyclub@gmail.com)

## After School Clubs Spring Term 2024

# SPRING TERM AFTER SCHOOL CLUBS

## Monday

Upper School Rock  
Band MUI (Lunch)

Year 9 Football  
Fixtures TBC

Dance Live Hall



# SPRING TERM AFTER SCHOOL CLUBS

## Tuesday

Italian MFL2  
Singing Group MU1  
(Lunch)  
Netball/Basketball HC  
BSL RS2  
Badminton Sports Hall  
Kenya Trip TX1  
Recreational Football Field  
Chess MA1  
Year 9 Rugby Field  
Magic and Pokemon MA2  
Remembering D-Day  
Variety Show HI3  
Scalectrix WS1  
Dance Live Hall  
Homework Club Study  
Centre  
Green Club Lab 6



# SPRING TERM AFTER SCHOOL CLUBS

## Wednesday

Lower School Rock Band MU1  
Upper School Rock Band MU1  
Dance Live Hall  
Enterprise Club AR2  
Table Tennis GYM  
Macrame Knitting and  
Crochet Lab 7  
Art Skills AR1  
Science Ambassadors Lab2  
Fitness in Fitness Suite  
Introduction to Cooking FDI  
Dodgeball Sports Hall  
Year 11 Further Maths MA6  
Year 10 Football Fixtures  
LAMDA Drama Studio  
Year 11 Leavers' Book JBS  
Clay AR4  
Conversation French MFL1  
(Lunch)

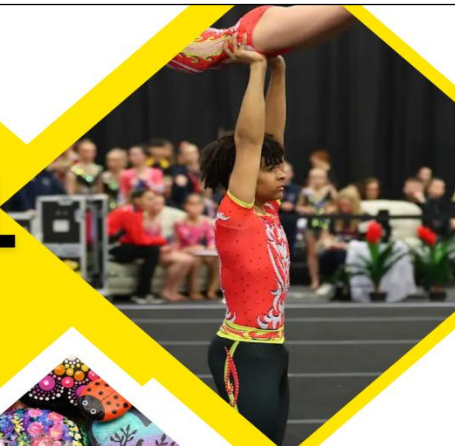




# SPRING TERM AFTER SCHOOL CLUBS

## Thursday

Colour and Chat Year 7 and  
8 JBS  
Football Team Training Field  
Nintendo HI2  
Year 9 and 10 Duke of  
Edinburgh Study Centre  
Monologues and Duologues  
Drama Studio  
Year 7 Rugby Field  
Girls' Football Field  
Dance Live Hall  
Basketball Sports Hall  
Warhammer/Dungeons and  
Dragons HI1  
Gymnastics Gym  
Scrapbooking and Time To  
Talk EN2  
Creative Crafts – Rock  
Painting EN4  
Upcycling Lab 5



# SPRING TERM AFTER SCHOOL CLUBS

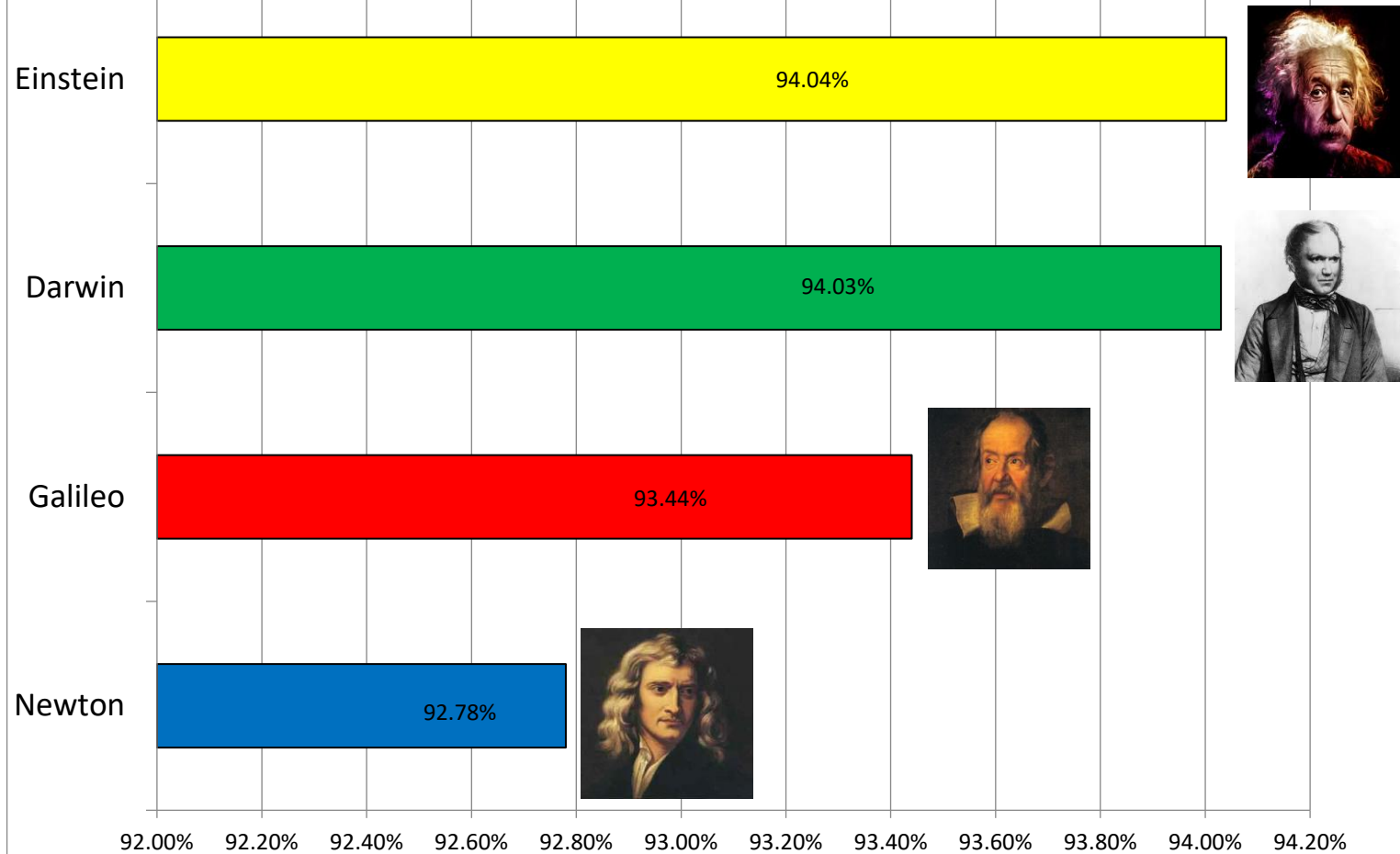
## Friday

Mindful  
Colouring RS1

Dance Live  
Hall



## Weekly House Attendance - 03.01.24 - 05.01.24

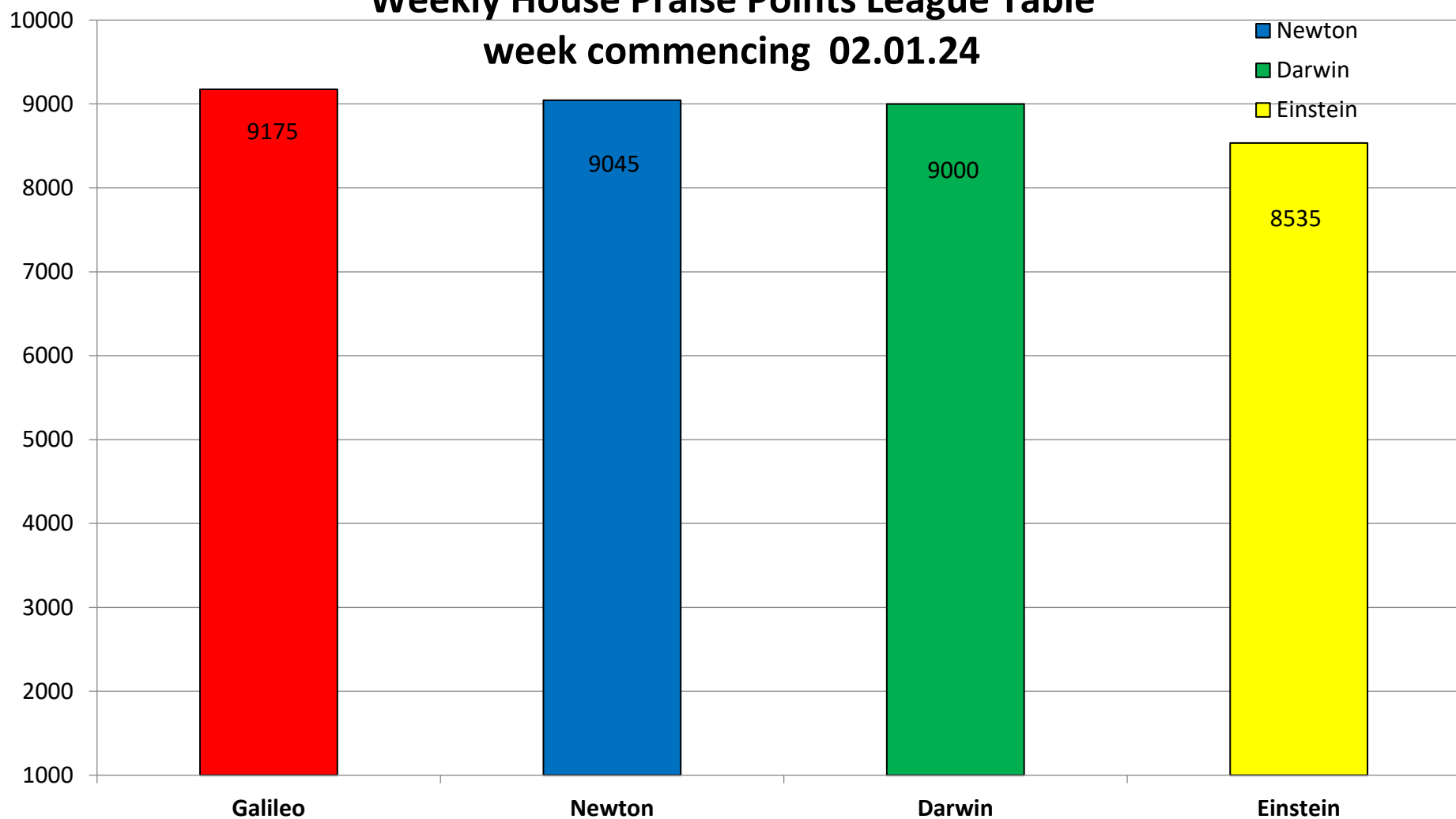


- Newton
- Galileo
- Darwin
- Einstein



## Weekly House Praise Points League Table week commencing 02.01.24

Galileo  
Newton  
Darwin  
Einstein





epraise



## Leader Board This Week

Huge congratulations this week to:

Year 7	Year 8	Year 9	Year 10	Year 11
Logan Adogeri	Noah Lovett	Alesha-Rose Knight	Poppy Wilkie	Connie Jones
Maddie Moore	Scarlett Strachan	Will Aldred	Laura Adesanya	Will Pilbeam
Mai Harfield	Billy Foster	Daniel Harrison	Tom Leunig-Younger	Oliver Goodenough

Well done! We are so proud that your Character Virtues are shining through!



**If you haven't given the GCSE Pods on the Purbrook Park Website a go yet they are a fantastic way to boost your revision. Log-on details are the same as your school log-on.**



### Leader Board

Year 9	Year 10	Year 11
Ellen Gaylard	Courtney Glover	Mia Wilkins
Toby Gaylard	Jude Beck	Ben Van Der Lugt
Thomas Gaylard	Clementine Reid Martha Patfield Christian Angus Ben Hasluck	Josh Hunter