

# Purbrook Park School

Enjoy Enrich Excel  
Headteacher: Paul Foxley MA



Ref: SWI/bgu/003  
September 2023

Dear Parents,

## RE: PE Kit and Protective Equipment

I am delighted to welcome your child back to Purbrook Park following the summer break. Physical Education is important to help pupils learn to be active for a lifetime. Our PE team is really looking forward to teaching and developing your child's physical learning in the year ahead.

Your child will have formal PE lessons twice a week but may have selected further physical activities as part of after-school enrichment. An integral part of Physical Education is safety and it is important that your child is prepared for PE with the appropriate clothing, shoes and protective equipment.

### PE Kit

Our uniform policy (please refer to the school website) states that pupils must have the following PE equipment:

- Navy polo shirt *with Purbrook Park School Logo* from Skoolkit
- Plain navy or black round neck sweatshirt or navy & white rugby shirt
- Plain navy shorts (Can be purchased from Skoolkit)
- Plain navy or black tracksuit bottoms — (no other accepted including  $\frac{3}{4}$  length). *Tracksuit bottoms to be worn at the discretion of the PE teacher.*
- Plain navy or black sports leggings (Can be purchased from Skoolkit)
- Navy woven football socks and white ankle/trainer socks
- A pair of football boots — no metal tipped studs or blades
- A pair of indoor trainers (*with non-marking soles*) — please note that for health and safety reasons, canvas type plimsolls are not an acceptable substitute.
- A pair of shin guards
- Gum shield

Our fundamental aim is for your child is to enjoy every PE lesson safely. If your child forgets their PE kit they will be expected to wear spare kit provided by the PE Department. We understand that in certain cases, equipment may be forgotten or misplaced. If this does occur, we ask parents to provide a signed note or to email the class teacher to inform us of any issues. If lack of PE kit becomes a regular issue then sanctions will be given by the class teacher. Refusal to wear spare kit will result in a 1 hour detention.

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If your child is unable to take part in PE for any reason, an explanatory note/email should be written to the class teacher. We still expect all pupils to change into PE kit to help officiate, coach and assist during lessons. These roles are still an integral part of PE and further improve pupil's knowledge of the sport being taught.

### **Protective equipment**

Throughout the year we will be teaching different activities that require protective equipment. Following the National Governing Body Guidelines and Hampshire Safety in PE, both football and hockey require pupils to wear shin pads to prevent injury. To help protect your child, this is the expectation for all PE and enrichment lessons. Pupils will not be able to fully benefit from activities if shin pads are not worn. We will also be teaching rugby throughout the year ahead and highly recommend the use of a gum shield when contact activities are being taught. Contact in rugby will be slowly introduced once the fundamentals of the game have been taught during tag rugby and small practices.

Should you have any queries, please do not hesitate to contact me.

Yours sincerely,

*Sam Wilson*

Sam Wilson  
Lead Teacher of PE