



Purbrook Park School

Key Stage 3

How to Revise





Examinations are a big part of school life and sadly there is no magic wand to help you pass. Hard work, determination and lots of revision will help you ensure you get the best result you possibly can.

In this pack we have provided some useful hints and tips that will help you manage your time before the exams so you can be as relaxed as possible in the build up to the big day.

Your class teachers will also be able to provide additional subject specific advice and guidance.

Please take time to read the advice and put the strategies into practice. By using a range of strategies we are confident you will perform well in your examinations.

Good Luck ☺

The secret
to getting
ahead is
getting
started



What is revision?

Revision is looking at something you have previously studied again. In school we revise every time we look back on our learning, but more specifically in preparation for big tests or examinations.

Pupils who revise thoroughly always perform better in exams. The better your exam results the more choices you will have available to you later in life. It is important to get into good revision habits now to help you be most effective in your GCSEs in year 11.

Being positive when revising and having a growth mind-set will help you retain more information. So it is important to see revision as positive not negative.

Revision strategies

There are many ways you can revise but the most important thing to remember is you must be **active** in your revision. Active revision involves doing something to ensure you are able to demonstrate what you know. You cannot successfully revise by simply reading the page of a book.

Knowing what type of learner you are may help you plan your revision time effectively.

Visual learner - you may enjoy creating mind maps of key ideas and concepts.

Kinaesthetic learner - you may find it useful to make flash cards to test yourself as part of your revision.

Auditory learner – you may find listening to tutorials or videos of key ideas help them consolidate their learning.

Whatever type of learner you are the important thing is to find revision strategies that work for you. Using a range of strategies and resources is often more effective than sticking to one method.

Here are some possible strategies you may find helpful

- Mind maps / spider diagrams
- Flash cards
- Creating quizzes
- Diagrams / pictures
- Look, say, cover, write, check
- Revision classes at School
- Study groups
- Website (there is a list of useful websites later in the booklet)
- Teach others
- Revision apps
- Sound files / voice notes
- Mnemonics



When do I revise?

It is important not to try and cram in all your revision just before the exams start. This won't help you be your best in the exams. It is also important not to set yourself unrealistic revision goals as this will demotivate you. Revision is designed to support you not stress you.

To begin, find out when your exams begin, how many you have and what you will be tested on. Once you have this key information you can prepare your revision timetable.

Revision works best in about twenty minute blocks. If you try to do more than this your brain may not take in as much information as you would like.

When you create your revision timetable consider the following:

- Plan in time for breaks and for your personal commitments (sports clubs etc)
- Ask yourself how hard you find a subject – you may need to plan more revision time for subjects or topics you find harder.
- Avoid trying to focus on one subject for a whole day – you will get easily distracted and are more likely to forget key information.
- Don't plan on staying up late into the evening as a good night's sleep is very important.

Here is an example of a weekend revision schedule.

	Early Morning	Mid Morning	Early Afternoon	Mid Afternoon	Early Evening
Saturday	Maths Drama	Science Technology	Football game	Football game	Modern Foreign Languages
Sunday	English Music	Family time	History EP	Geography ICT	Family time

You can also create yourself an afterschool revision schedule to give you more time for revision.

Remember: when planning your time, you need to plan to give yourself a break! Staying will hydrated and nourished will help your brain be most effective. Having little breaks often increases your learning.



Where do I revise?

Revision is most effective when carried out in a quiet environment away from distractions.

At home

When planning your revision space remove any objects that will distract you. You need to dedicate your time to your learning. You may wish to decorate your learning space with your revision posters to help inspire you.

If you are using a PC, a tablet or smart phone as part of your revision strategy disable Apps that will distract you such as Facebook or Instagram. Social media will still be there when you have a break. If you are not using any electronic devices as part of your revision strategy make sure they are out of the way, ideally off, so they don't distract you.

At School

There are plenty of quiet spaces at school where you can go to revise at the end of the day if you wish to stay. Please speak to your tutor about suitable locations.

Music











Some people find that quiet music helps them learn. Avoid spending ages picking your favourite songs. Songs with lyrics will distract you and you will spend more time finding your songs than actually revising.

On the go

There are lots of Apps that are designed to help you revise so you can revise on the go.

Top 10 Revision Apps For Students



1. Keep 	2. Quizlet 	3. Padlet 	4. Popplet Lite 	5. Spark Post 
6. Clips 	7. Classic 	8. Texting Story 	9. Gojimo 	10. Paper 

www.TeacherToolkit.co.uk/RevisionApps



Revision & relaxation

Remember – revision is designed to help you be less stressed and more prepared. When planning your revision consider what time you are giving yourself to relax and do the things you love.

If you feel stressed about your revision try to:

- Take deep breaths
- Visualise yourself passing the exam
- Have a warm bath
- Do some exercise
- Carry out some brain gym exercises
- Take a break
- Speak to a parent or your teacher for help and advice

YOU CAN DO IT!

**Giving up is Easy,
When Your Dreams seem Far Away.
And Life is full of Obstacles,
You Face them Everyday.
But, no matter what the Challenge
Some Faith will get you through it.
So NEVER quit Believing,
Just REMEMBER, You CAN Do It!**